



WELCOME 2026

Member's Lunch, Bridgewater Inn – 29th Jan

Organiser: Susan Smalldon 0403 857 600
Venue: Bridgewater Inn, 387 Mount Barker Rd
Day: Friday 30th Jan (once only)
Time: 12:30pm – 2:30pm
Cost: \$15 payable upon enrolment

Commence our U3A year once again with a delightful lunch overlooking the creek in one of the great Adelaide Hills hotels. Enjoy a main meal, catch up with old friends and welcome new members for a member's only reduced cost of \$15 (must be paid on enrolment). Vegetarian and GF options available. Dessert and drinks, if wanted, at own cost on the day.

ART & CRAFTS

Card Making with Janet

Presenter: Janet Hemsley, 0428 844 097
Venue: To be advised, Mt Barker
Day: 2nd & 4th Tuesday (excl school holidays)
Time: 1:30pm – 3:30pm
Start: 10th February – 8th December

Create two cards per session using card, paper, stickers, punches and dies. \$8:00 each session to cover the cost of materials, payable on the day.

Great Art (A) and (B) with Susan Fereday

Presenter: Susan Fereday, 0478 568 397
Venue: Coventry Library, Stirling
Day: Group (A) 1st Wednesday excl holidays
Group (B) 2nd Wednesday excl holidays
Time: 10:00am – 12:00pm

What makes an artwork truly great? Each session we take a brilliant example from art history. Our lively discussion aims to explore art's meaning and influence. Enrol in (A) or (B).

Quiet Crafting with Susan Fereday

Presenter: Susan Fereday, 0478 568 397
Venue: Coventry Library, Stirling
Day: 3rd Wednesday (excl school holidays)
Start: 18th Feb – 17th Jun
Time: 10:00am – 12:00pm

Experience creative flow while making something unique for your home or as a gift. In each class we'll complete a different craft project while listening to a spoken word short story or beautiful music. All art materials provided for the four sessions (\$40 payable in cash at the 1st session – non-refundable).

Guided Tours of the Art Gallery

Organiser: Cheryl Oliver, 0438 823 185
Venue: Art Gallery SA, North Terrace, Adelaide
Day: 4th Monday, including school holidays
Start: 23rd February – 23rd November
Time: 1:20pm – 2:30pm
Cost: \$20 annual fee payable on enrolment

Meet at 1:20pm in the foyer near restaurant via the back entrance. Trained gallery guides will lead a tour of a current exhibition or a selection of works from the Gallery's collection. Note: Fee must be paid when enrolling.

GENERAL INTEREST

Film Club with Frank

Presenter: Frank Robertson, 0418 448 654
Venue: Bene Community Room, Hahndorf
Day: 1st Thursday, excl school holidays
Time: 1:30pm – 3:30pm
Start: 5th Feb – 3rd Dec

An opportunity to see films no longer readily available. Frank, an avid film buff and font of knowledge will present a wide range of classic films in a friendly, relaxed environment. Join us on the adventure.

Everything About the Moon with Les Laub

Presenter: Les Laub, 0420 393 004
Venue: Bene St Pauls Community Room
Day: Thursday 11th & 18th June (2 sessions)
Time: 1:00pm – 2:30pm

Two consecutive sessions looking at how the moon affected the world's early history, its calendars and religions. Les will explore the various theories of the moon's formation, how it affects the world today, what we learned from the Apollo missions and finally, plans for future visits and exploitation of its resources.

Sailing Adventures & Misadventures with Michiel

Presenter: Michiel Lucieer 0490 119 423
Venue: Bene Community Room, Hahndorf
Day: Friday 12th June (once only)
Time: 10:30am – 12:30pm

The dream was around the world, then around Australia but Michiel's sailing escapades were of a much more local nature! He will talk about his adventures in a 37 ft steel ketch - not a matter of 'let's go', but planning who, when, where and how! And the destination? Althorpe Island of course!

Sailing into the Unknown with Dave

Presenter: Dave Fenwick, 0419 817 941

Venue: St Paul's Community Room, Hahndorf

Day: Friday 27th Mar (once only)

Time: 10:30am – 12:30pm

Six medical students, two with experience of sailing dinghies, set out from Cape Town to sail to Lorenzo Marques in Portuguese East Africa. It was notable for a gale, an encounter with a Russian spy ship, seasickness and personalities. What could go wrong?

Misadventure by Anaesthesia in Pearl Harbour

Organiser: Dave Fenwick, 0419 817 941

Venue: St Paul's Community Room, Hahndorf

Day: Friday 22nd May (once only)

Time: 10:30am – 12:30pm

Anaesthesia in 1941 was a 'Cinderella subject' in which surgeons had taken little interest. Retired consultant anaesthetist, Dr John Crowhurst will explore the use of thiopentone (Pentothal®) anaesthesia 'events' during the Japanese attack on US Military bases at Pearl Harbour in December 1941. Some of the more than 1,000 casualties who required emergency surgery and anaesthesia, received intravenous Pentothal® anaesthesia, with devastating consequences in the severely shocked trauma patients. Many died.

Digital Id – An Inverse Prison with Mike Sussex

Organiser: Susan Smalldon, 0403 857 600

Venue: Bene St Pauls Community Room

Day: Friday 29th May (once only)

Time: 10:30am – 12:30pm

South Australian film maker, director, producer and Countries around the world are in the process of passing legislation to implement digital id cards for all citizens and espousing the virtues of the same.

What are the downsides of implementing such a system? Is there a bigger plan behind it? How will it turn entire countries into reverse prisons, and entire populations into prisoners in all but name.

With decades of experience in IT, and a lifetime of inquisitiveness, Mike Sussex will explain how the implementation of digital ids may be the worst decision a country could make, and how it will effectively enslave us.

Road Safety (2) with Tony (RAA)

Organiser: Susan Smalldon, 0403 857 600:

Venue: St Paul's Community Room, Hahndorf

Day: Friday 1st May (once only)

Time: 10:30am – 12:30pm

While this presentation builds on the well-received previous presentation in July 2025, it is also 'stand-alone'. It will include changes to road rules, some grey areas and driver courtesies.

Test your knowledge with well established, misunderstood and new rules while having a little fun. Each member will receive a 'clicker' to record answers and the group's aggregate responses displayed in real-time on the screen.

HEALTH & FITNESS

Circle Dancing with Valerie (Crafers)

Presenter: Valerie Pullan, 0414 245 552

Venue: Ann Jolly Hall, 1 Epiphany Place, Crafers

Day: Thursdays (weekly excl school holidays)

Time: 10:00am – 12:00pm

Start: 5th February – 10th December

Together in Dance - experience the well-being benefits of gentle dance in this welcoming and relaxed environment. Together we enjoy learning dances from around the world, listening to truly uplifting music, a laugh and a chat during the break.

Circle Dancing with Valerie (Mount Barker)

Presenter: Valerie Pullan, 0414 245 552

Venue: Town Hall, 34 Gawler St, Mt Barker

Day: Tuesdays (weekly excl school holidays)

Time: 10:00am – 12:00pm

Start: 3rd February – 8th December

Together in Dance - experience the well-being benefits of gentle dance in this welcoming and relaxed environment. Together we enjoy learning dances from around the world, listening to truly uplifting music, a laugh and a chat during the break.

LANGUAGES

French 4 & French 6 with Helen

Presenter: Helen Hughes, 0407 720 168

Venue: Mt Barker Community Centre, Dumas St

Day: Tuesdays (weekly excl school holidays)

Time: 2:30pm – 4:30pm

Start: 3rd February – 8th December

A course of continuing study; grammar, geography, history, culture and current affairs. NOTE: Intending new students please contact Helen prior to enrolling.

French for Fun with Jan & Laurel

Presenter: Jan de Weerd, 0419 802 780

Venue: Coventry Library, Stirling

Day: Thursdays (weekly excl school holidays)

Time: 9:30 am – 11:30 am

Start: 5th February – 10th December

This is not a beginner's course and intending new students please contact Jan prior to enrolling to ascertain your level. Our emphasis is on the fun of furthering our learning through conversation, song, music, film, internet and multimedia.

LEISURE

Duplicate Bridge (Stirling)

Presenter: Trevor Waters, 0493 115 092

Venue: Pinoak Tiers, Stirling

Day: Tuesday weekly (excl school hols)

Time: 1:00pm – 4:00pm

Start: 3rd February – 8th December

Recent research has found that playing bridge improves brain function and has a significant positive effect on wellbeing. New experienced players welcome but please note this is not a teaching course. Results are distributed by email each week.

Games, Games, Games

Presenter: Geoff Edwards, 0475 404 892

Venue: St Paul's Community Room, Hahndorf

Day: 2nd & 4th Wednesdays (excl school hols)

Time: 10:00am – 12:00pm

Start: 11th February – 9th December

Come along and play board games, cards, pool and darts. Bring a game you wish to play and perhaps teach others to play.

A social gathering where you can find someone to play a game you love or learn one you haven't had the opportunity to play in the past.

Mah Jong – Mount Barker

Presenter: Ron Allott, 0403 533 480

Venue: Mt Barker Community Centre, Dumas St

Day: Mondays (weekly excl school hols)

Time: 10:00am – 12:00pm

Start: 2nd February – 7th December

Beginners very welcome. Join in, have fun – no scoring.

Mah Jong – Stirling

Presenter: Marjolijn Haraghey, 0403 989 817

Venue: Hillside Gardens, Heathfield

Day: Fridays (weekly incl school hols)

Time: 2:00pm – 4:00pm

Start: 6th February – 11th December

We play the Western version of Mah Jong and supply course notes to assist players in extending their repertoire. This is an ongoing course and, while beginners are very welcome, enrolments for learners will only be accepted at the beginning of each Semester to accommodate the tuition schedule.

LITERATURE & HISTORY

A Journey into Crime with Merrilie (Aldgate)

Presenter: Merrilie Rowley, 0400 268 214

Venue: CFS, 21 Strathalbyn Road, Aldgate

Day: 4th Monday (including holidays)

Time: 2:00pm – 3:30pm

The reading list includes some "oldies, but goodies", but also seeks to introduce newer crime writers and a range of cultures to the reader. Members source their own books to read prior to each session. If you encounter any difficulties in obtaining a title, please contact Merrilie.

Jan 26th Joe Cinque's Consolation - Helen Garner

Feb 23rd A Beautiful Place to Die - Malla Nunn

Mar 23rd The Shadow Woman - Ake Edwardson

Apr 27th What Was Lost - Catherine O'Flynn

May 25th The Silent Patient - Alex Michaelides

Jun 22nd Stiff - Shane Maloney

Jul 27th Dark Fire - CJ Sansom

Aug 24th An Isolated Incident - Emily Maguire

Sep 28th Beat Not the Bones - Charlotte Jay

Oct 26th The Frozen River - Ariel Lawhon

Nov 23rd Snowdrops - Andrew Miller

Book Group (Aldgate)

Presenter: Merrilie Rowley, 0400 268 214

Venue: CFS, 21 Strathalbyn Road, Aldgate

Day: 2nd Monday (incl public holidays)

Time: 2:00pm – 3:30pm

An enthusiastic group who enjoy reading and discussing a wide range of literary fiction. The list of books encompasses authors from diverse cultures, hopefully guaranteeing lively discussion and broadening our literary knowledge. Members source and read the books prior to each session.

Feb 9th The Covenant of Water - A Vergese

Mar 9th The Burrow - Melanie Cheng

Apr 13th Silas Marner - George Eliot

May 11th There are Rivers In the Sky - Elif Shafak

Jun 15th Women in Love - DH Lawrence

Jul 13th The Millstone - Margaret Drabble

Aug 10th The Troubles - JG Farrell

Sep 14th The Wolf Border - Sarah Hall

Oct 12th Enlightenment - Sarah Perry

Nov 9th A Brief Affair - Alex Miller

Dec 14th The Nightwatchman - Louise Erdrich

Creative Writing with Tony

Presenter: Tony Rogers, 0402 414 150

Venue: Library, Dumas Street, Mount Barker

Day: Thursdays (weekly incl school holidays)

Time: 2:00pm – 3:30pm

Start: 5th February – 10th December

Creative writing is a way of expressing yourself, entertaining others and of sharing one's experiences. You can pretend anything you want and help your readers do the same. If you have stories and ideas you would like to put on paper, come and get some hints - you may find it is more fun than you expected. If you are already a keen writer, then share your ideas. The course will be structured around participant's interests and needs.

Family History – Ancestors & Others

Presenter: Jacki Mussared, 0417 842 694

Organiser: Gail Edwards, 0438 840 673

Venue: The Oak, 409 Mt Barker Rd, Bridgewater,

Day: 2nd & 4th Thursdays (excl school holidays)

Time: 9:30am – 12:00pm

Start: 12th February – 10th December

Improve research skills in genealogy and social history through the sharing of experiences and knowledge. We undertake a regular program of presentations and live research sessions. Presentations often address social history issues of the times in order to understand the context in which our ancestors lived.

NOTE New members please contact either Gail or Jackie prior to enrolling to discuss your family history research status.

Medicine Safety Across the Lifespan

Organiser: Susan Smalldon, 0403 857 600:

Venue: Bene Community Room, Hahndorf

Day: Thursday 21st May (once only)

Time: 1:00pm – 3:00pm

Dr Renly Lim is a pharmacist and Ass Professor at the Quality Use of Medicines and Pharmacy Research Centre, Adelaide Uni. She is passionate about improving medicine safety and promoting the quality use of medicines across Australia and internationally.

In this session, Dr Lim will take us on her journey of improving medicine safety across the ages - from young children to older adults. She will discuss her research into medicine-related harm in Australia, initiatives to embed pharmacists in residential aged care, and advocacy efforts that have shaped national medicine safety policies.

Expect a session full of compelling information, real-life stories and practical tips that make medicine safety relevant and accessible for everyone, regardless of age.

Play Reading with Penni and Heather

Presenter: Penni Taylor, 0488 084 698
Venue: To be advised – Mount Barker
Day: 2nd & 4th Wednesday (excl school hols)
Time: 1:00pm – 3:00pm (Semester 1 only)
Start: 11th Feb – 24 Jun

Choose from over 100 plays and have fun while exploring the works of different playwrights, ranging from Albe to Wilde.

Parts will be allocated with everyone reading each session.

Stabbed in the Back with Sue Garforth

Organiser: Susan Smalldon, 0403 857 600:
Venue: St Paul's Community Room, Hahndorf
Day: Fridays
Time: 10:30am – 12:30pm

Five talks about men who were 'stabbed in the back', some physically, others metaphorically, by family, friends or colleagues whom they thought they could trust.

A history lesson like no other – enrol in one or all five.

13 th Feb	Julius Caesar, the almost Emperor
20 th Feb	James II, King of England & Scotland
27 th Feb	Captain Alfred Dreyfus
6 th Mar	Leon Trotsky Russian Bolshevik leader
13 th Mar	Our very own Gough Whitlam

Writing – Life, Language and Creativity

Presenter: Michele Langman, 8391 0497:
Venue: Bene Community Room, Hahndorf
Day: 2nd & 4th Tuesday (excl school hols)
Time: 2:00pm – 3:30pm
Start: 10th February – 8th December

Join Michele Langman, a retired English teacher who brings stimuli to trigger ideas and different styles of writing, eg journalling, fiction, poetry, script.

MUSIC

Monday Folk (Instrumental)

Presenter: Graeme Taylor, 0417 989 114
Venue: St Paul's Community Room, Hahndorf
Day: Mondays (weekly excl school holidays)
Time: 9:30am – 11:30am
Start: 2nd February – 7th December

Do you enjoy folk music? Do you play an instrument? Can you read music? Start off the week in a fun and interesting way with a like-minded group. BYO music stand and instrument: tin whistle, accordion, mandolin, violin, recorder, flute, bodhran

New members please ring Graeme prior to enrolling.

Ukulele and Song (Bridgewater)

Presenter: Geoff Edwards, 0475 404 892
Venue: Grace Lutheran Church,
Day: Thursdays (weekly excl school holidays)
Time: 10:00am – 12:00pm
Start: 5th February – 10th December

An informal gathering of ukulele strummers from beginners to more advanced. Play and sing in a friendly environment. There will be a spare uke or two you can try, but if you just like to sing you are also welcome.

OUT & ABOUT

Come Lunch with Me (1)

Organiser: Geoff Edwards, 0475 404 892
Venue: Various cafes and restaurants
Day: 1st Wednesday (excl school hols)
Time: 12:30pm – 2:30pm
Start: 4th February – 2nd December

Relax over lunch at different venues in the Adelaide Hills suggested and chosen by the members when they meet.

Come Lunch with Me (2)

Organiser: Margo Poirier, 0423 249 000
Venue: Various cafes and restaurants
Day: 1st & 3rd Wednesday (excl school hols)
Time: 12:30pm – 2:30pm
Start: 4th February – 2nd December

Relax over lunch at different venues in the Adelaide Hills suggested and chosen by the members when they meet. We will eat at cafes and hotels that are reasonably priced and selected for good food and conversation.

Tour – Historic Urrbrae House & Gatehouse

Organiser: Dorothy Whiterod, 0438 526 464
Venue: 12 Walter Young Avenue, Urrbrae
Day: Monday 2nd March (once only)
Time: 1:30pm – 3:00pm
Cost: \$16 to be paid upon enrolment

Urrbrae House was built in 1891 for pastoralist Peter Waite, and later bequeathed to the University of Adelaide. We will be guided through the public rooms of this elegant, heritage-listed house and hear its lesser-known history. After the house tour we can view the outside of the relocated Gatehouse.

Tour – Adelaide Desalination Plant

Organiser: Susan Smalldon, 0403 857 600
Venue: 16 Chrysler Road, Lonsdale
Day: Monday 30th March (once only)
Time: 10:30am – 12:00pm

Adelaide's Desalination Plant has the capacity to supply up to 100 billion litres of water a year. After an overview of the desalination processes at the adjoining Kauwi information centre we board a bus for a guided tour around the plant, which spans 32 hectares. If the plant is not running, we may also have access to the inside the plant.

After the tour you may like to further explore the area with a 1.2km walk from the Kauwi centre which includes various lookout points with interpretive signage about plantlife and the Aboriginal people, seating and wonderful views of the coastline. In the local Kurna language, Kauwi means 'fresh water'.

Alternatively, nearby Hallett Cove Conservation Park has interesting walks, picnic places and café, is one of the best known geological sites in Australia and known throughout the world.

Wednesday Wetland Walkers with Frankie

Organiser: Frankie Hocking, 0407 721 819
Venue: Laratinga Wetlands, Mount Barker
Day: Wednesdays (weekly incl school hols)
Time: 8:30am – 9:30am
Start: 4th February – 9th December

Meet in the Bald Hills Road car park and walk around Laratinga Wetlands at your own pace choosing short or longer walks. (Walk takes 30- 45 mins at a steady pace).

Enjoy good company and an optional coffee after in the BBQ area.

NOTE: Commencing 8:30am during daylight saving, 9:30am rest of year and coffee van conveniently located in the car park.

2026 Enrolments Open Sunday 7 December

NOT A MEMBER? *We look forward to welcoming you*

Go to our website, click the [Become a Member](#) button and follow the prompts to join, pay the 2026 membership fee and enrol in activities of your choice. (\$55 yearly membership fee)

ALREADY A MEMBER?

Go to the website, click the [Member Login](#) button and follow the prompts to pay the 2026 membership fee and enrol in activities of your choice. (\$55 yearly membership fee)

.....

JOINING & ENROLLING in PERSON?

Tuesday 9 th December 2025,	1:00pm – 3:00pm, Mount Barker Town Hall
Wednesday 10 th December 2025	1:00pm – 3:00pm, The Hut, Aldgate

Cash Only - \$55 annual membership plus amount of any fee-paying activities you wish to join

Web: www.u3aadelaidenhills.com
Enquiries: u3a.ahills@gmail.com