

## WELCOME 2022!

### 127 MEMBERS' LUNCH at the BRIDGEWATER INN

Organiser: Susan Smalldon ☎ 0403 857 600  
 Venue: 387 Mt Barker Rd, Bridgewater  
 Date: Wednesday 2 Feb  
 Time: 12:30pm – 2:00pm  
 Cost: \$11:00 payable at time of enrolment

Catch up with old friends, welcome new members, chat to Presenters and commence our U3A year in one of the great Adelaide Hills hotels. Enjoy a main meal (veg & GF choices available) for a member's only reduced cost. Drinks and dessert if wanted at own cost.

## ART & CRAFTS

### 91 GUIDED TOURS OF THE ART GALLERY

Organiser: Libby Shore ☎ 0448 264 503  
 Leader: Gallery Guide  
 Venue: Art Gallery of SA, North Terrace, Adelaide  
 Day: 4<sup>th</sup> Mon of the month (except public hols)  
 Starts: 28 Feb – 28 Nov  
 Time: 1.20pm - 2.30pm.

Meet in foyer near restaurant via the back entrance. Trained gallery guides lead a tour of a current exhibition or a selection of works from the Gallery's collection. Extra cost for special exhibitions otherwise \$2 per person paid at the gallery shop close to our meeting place.

### 87 PAINTING AND DRAWING

Organiser: Margaret Campbell ☎ 0456 752 623  
 Venue: The Oak, 409 Mt Barker Road, Bridgewater  
 Day: 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month  
 Starts: 11 Feb - 9 Dec  
 Time: 10.00am - 12noon

If you enjoy 'playing' with pencils and paint, come and join us! This is not a teaching class – everyone brings along their own materials to use. But ... we provide lots of friendly chatter along with supportive motivation and encouragement

### 81 MOSAIC WORKSHOP

Presenter: Dorothy Whiterod ☎ 0438 526 464  
 Venue: Private address, Aldgate  
 Day: Wednesday 16 Feb and 2 Mar  
 Time: 1:30pm – 3:30pm  
 Cost: \$10 to cover materials payable at enrolment

Create a beautiful mosaic ball for your garden in two sessions. Collect broken china – cups and plates, to bring along. All other materials will be supplied.

### 92 CARD MAKING

Presenter: Janet Hemsley ☎ 0428 844 097  
 Venue: Mt Barker Community Centre, Dumas Road  
 Day: 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month  
 Starts: 8 Feb – 13 Dec (excl school hols)  
 Time: 1.30pm - 3.30pm  
 Cost: \$6:00 per session for materials on the day

Create two cards per session using card, paper, stickers, punches and dies.

## MUSIC

### 88 MUSIC FOR SHARING

Presenter: Richard Knott, 0458 830 407  
 Venue: Private home, Mt George  
 Day: 4<sup>th</sup> Monday of the month  
 Starts: 28 Feb to 28 Nov  
 Time: 2:00pm – 4:00pm

BYO CDs or tape recordings and introduce your own music (from classical to rock). New members welcome.

### 107 UKULELE and SONG

Organiser: Geoff Edwards ☎ 0475 404 892  
 Venue: Crafers Institute Hall, Sharrod St  
 Day: Thursdays weekly (excluding school hols)  
 Starts: 10 Feb – 15 Dec  
 Time: 10am – 12noon

An informal gathering of ukulele strummers from beginners to more advanced players. Play ukulele and singalong in a friendly environment. There will be a spare uke or two for you to try if you don't have your own instrument and if you would like to **just** sing along, you are also very welcome.

## LITERATURE AND HISTORY

### 85 ADVENTURES in CRIME FICTION

Presenter: Merrilie Rowley ☎ 0400 268 214  
 Venue: The Oak, 409 Mt Barker Rd, Bridgewater  
 Day: 4<sup>th</sup> Monday of month (including public hols)  
 Starts: 28 Feb – 28 Nov (through school hols)  
 Time: 2:00pm – 3:30pm

The list of books includes some "oldies but goodies" and seeks to introduce some newer crime writers to the reader, along with a wide range of cultures for us to explore. Members source own books to read prior to each session. Please contact Merrilie if finding difficult to find books..

28 Feb *The Maltese Falcon* – Dashiell Hammet  
 28 Mar *The Cutting Room* – Louise Welsh  
 25 Apr *On the Java Ridge* – Jack Serong  
 23 May *Dissolution* – CJ Sansome  
 27 Jun *Jar City* - Arnaldur Indriðason  
 25 Jul *Strangers on a Train* - Patricia Highsmith

### 86 BOOK GROUP

Presenter: Merrilie Rowley ☎ 0400 268 214  
 Venue: The Oak, 409 Mt Barker Rd, Bridgewater  
 Day: 2<sup>nd</sup> Monday of month (including public hols)  
 Starts: 14 Feb – 12 Dec (through school hols)  
 Time: 2:00pm – 3:30pm

The Book Group is enthusiastic and we enjoy reading and discussing a wide range of literary fiction. The list of books encompasses authors from diverse cultures, hopefully guaranteeing lively discussion and broadening our literary knowledge. The first book is to be read over the Christmas break and discussed at our first meeting.

14 Feb *Madame Bovary* – Gustav Flaubert  
 14 Mar *The Shepherd's Hut* – Tim Winton  
 11 Apr *Half of a Yellow Sun* – Chimamanda Adiche  
 9 May *Black Swan Green* – David Mitchell  
 13 Jun *The Outcast* – Sadie Jones  
 11 Jul *The Bass Rock* – Evie Wilde

### 109 APPRECIATING POETRY

Presenter: Jackie Mussared ☎ 0417 842 694  
Venue: Coventry Library Stirling  
Day: First and third Wed of the month  
Starts: 16 Feb - 7 Dec (excluding school hols)  
Time: 1:30pm – 3:30pm

We now use the internet to listen to poets and/or actors read poems. We study the techniques poets use in their poetry as this gives us greater understanding of their poems. We also study the life and times of poets. Both classical and modern poets are studied.

### 113 APRON SORROW – SOVEREIGN TEA

Organiser: Susan Smalldon ☎ 0403 857 600  
Presenter: Natalie Harkin  
Venue: St Paul's Community Room, Hahndorf  
Day: Friday 8 April  
Time: 10:30am – 12:00 noon

Often untold and mostly unheard. Dr Harkin draws on both oral history and SA's colonial archived records to reveal remarkable and deeply moving stories that span loss, love, sorrow, strength and resilience. Natalie is a Narungga woman, poet and Senior Research Fellow at Flinders Uni.

### 110 WHODUNNITS

Organiser: Susan Smalldon ☎ 0403 857 600  
Presenter: Sue Garforth ☎ 0476 506 849  
Venue: St Paul's Community Room, Hahndorf  
Day: Friday – three sessions  
Time: 1:00pm – 3:00pm

Whodunnits is a series of three presentations looking at cold cases from British history. Three disappearances or suspicious deaths? Were they accidents or were they murdered - and if so, whodunnit? Enrol in any or all!

Mar 25 William Rufus, King of England  
Apr 1 Lord Darnley, husband of Mary Queen of Scots  
Apr 8 The Princes in the Tower

### 117 LITERATURE - SHAKESPEARE

Presenter: Nina Chicco ☎ 8339 3775  
Venue: St Paul's Community Room, Hahndorf  
Day: 2<sup>nd</sup> & 4<sup>th</sup> Wed of the month  
Starts: 9 Feb – 14 Dec (excluding school hols)  
Time: 2:00pm – 4:00pm

We will be examining human ambitions, strengths and weaknesses, (men's and women's) in four of Shakespeare's plays. Othello, The Taming of the Shrew, Romeo and Juliet and The Merchant of Venice. How are these relevant today? Please obtain copies of these plays. We will begin with The Taming of the Shrew.

### 89 CREATIVE WRITING

Presenter: Tony Rogers ☎ 0402 414 150  
Venue: Mt Barker Library, Dumas Street  
Day: Thursday weekly (excl school holidays)  
Starts: 10 Feb – 15 Dec  
Time: 2:00pm – 3:30pm

Creative writing is a way of expressing yourself, entertaining others and of sharing one's experiences. You can pretend anything you want and help your reader do the same. If you have stories and ideas you would like to put on paper, come and get some hints - you may find it is more fun than you expected. If you are already a keen writer, then share your ideas.

### 83 FAMILY HISTORY – ANCESTORS & OTHERS

New members must contact either Sue or Gail to discuss your family history status prior to enrolling

Presenters: Sue Lear ☎ 0419 512 776  
Gail Edwards ☎ 0438 840 673  
Venue: The Oak, 409 Mt Barker Road, Bridgewater  
Day: 2<sup>nd</sup> & 4<sup>th</sup> Thursdays (except school hols)  
Starts: 10 Feb. – 8 Dec  
Time: 9:30am – 12:00 noon

The Family History course has the goal of improving members' research skills in genealogy and social history through the sharing of experiences and knowledge. We undertake a regular program of presentations and live research sessions.

The talks cover family history research techniques, useful websites and organising your family history materials. We often address the social history issues of the time in order to understand the context in which your ancestors lived. Themes and topics will be advised throughout the year.

It is recommended that beginners commence with the basic course at the Coventry Library run most Friday mornings and which can be booked through the Library.

## LANGUAGES

### 82 FRENCH 4 & FRENCH 6

Presenter: Helen Hughes ☎ 0407 720 168  
Venue: Mt Barker Community Centre, Dumas Road  
Day: Tuesday, weekly  
Starts: 8 Feb – 13 Dec (excluding school hols)  
Time: 2:30pm – 4:30pm

**NOTE** Intending new students please contact Helen prior to enrolling as this is an ongoing course

*French 4* - An intermediate course of continuing study; grammar, geography, history, culture and current affairs. Written work incorporates comprehension, description and story writing. Oral work focuses on dictée, weekly conversation and aural comprehension.  
Texts: Schaum French Grammar, A New French Course Pt 3 by Horan and Wheeler (Science Press)

*French 6* - Ongoing revision of grammar as well as new points, enhancing geography, history and culture, awareness of current affairs. Specific focus on conversation, written and aural comprehension and the development of prose writing skills.

Texts: Schaum French Grammar, A New French Course Pt 4 by Horan and Wheeler (Science Press), Communications & Communiquer by David Sprake (O.U.P.)

### 106 FRENCH FOR FUN with JAN & LAUREL

Organiser: Didy Pederick ☎ 0418 608 090  
Presenters: Jan de Weerd & Laurel Milner  
Venue: Anne Jolly Hall, 2 Epiphany Place, Crafrers  
Day: Thursday, weekly (excluding school hols)  
Starts: 10 Feb – 8 Dec  
Time: 10:00am – 12:00noon

**NOTE** Intending new students please contact Jan ([jantnadeweerd@gmail.com](mailto:jantnadeweerd@gmail.com)) prior to enrolling

Our emphasis is on the fun of learning French language and exploring it through song, music, film, internet and multimedia. Our venue is fully set up with WIFI and screening facilities, making each lesson varied and stimulating.

We work with 2 texts, 'Easy French, Step by Step' and 'French Experience 1', CD's and text. Guest Presenter - Didy Pederick.

### 120 ITALIAN LANGUAGE with JANE (Year 2)

**Presenter:** Jane Russell ☎ 0411 580 655  
**Venue:** CFS Hall, 21 Strathalbyn Road, Aldgate  
**Day:** Wednesday, weekly  
**Dates:** 9 Feb - 14 Dec (excluding school hols)  
**Time:** 10:00am – 12:00 noon

**NOTE** Intending new students please contact Jane prior to enrolling.

For students who have studied some Italian language.

Books required: Schaum's Italian Grammar 4th ed.; Short stories in Italian (for beginners, vol.1) / Olly Richards; English / Italian dictionary or online resource

## GENERAL INTEREST

### 80 FINANCIAL MATTERS

**Organiser:** Mark Randell ☎ 0429 679 317  
**Presenter:** Fred Guilhaus  
**Venue:** The Oak, 409 Mt Barker Rd, Bridgewater  
**Day:** 1<sup>st</sup> & 3<sup>rd</sup> Wed of the month  
**Starts:** 16 Feb - 7 Dec (except school hols)  
**Time:** 10:00am – 12:00noon

This course covers world geopolitics as it affects the global and particularly the Australian economy. A desire to know more about the share market and basic economics is a prerequisite.

So, as well as active discussions surrounding Australia's economy and, particular investments in shares, bonds, and real estate, there is wide-ranging discussion to understand how interest rates and government policies affect personal wealth preservation in an uncertain and volatile world.

### 93 FILM CLUB

**Presenter:** Frank Robertson ☎ 0418 448 654  
**Venue:** Mt Barker Community Centre, Dumas Road  
**Day:** 2<sup>nd</sup> Wednesday of the month  
**Starts:** 9 Feb – 14 Dec (except school hols)  
**Time:** 1:00pm – 3:00pm

An opportunity to see films not readily available any more. Watch and discuss a wide range of classic films in a friendly, relaxed environment.

Choice of future films will be influenced by the group. Join us on the adventure - BYO Jaffas!

### 101 LIFE STORIES

**Organiser:** Susan Smalldon ☎ 0403 857 600  
**Presenter:** Robyn Upton ☎ 0402 090 966  
**Venue:** St Paul's Community Room, Hahndorf  
**Day:** 1<sup>st</sup> Mon of the month (excluding school hols)  
**Starts:** 7 Feb – 5 Dec  
**Time:** 10:00am – 11:30am

We all have a story ... or six! Share yours over morning tea, with members of the group taking a turn each session. Show and Tell! Stories could be centred around an interesting object, a collectable, family heirlooms, photographs or that old theatre program.

Share your passion, recall humorous stories from childhood, recollect the holiday that turned into the trip from hell, embarrass a distant ancestor .....

### 102 THE LIFE and ADVENTURE of EDWARD SNELL

**Presenter:** Mark Randell ☎ 0429 679 317  
**Venue:** St Paul's Community Room, Hahndorf  
**Day:** Friday 11 Mar  
**Time:** 10:00am – 12:00noon

Snell was an artist, engineer and an adventurer in the Australian Colonies from 1849 to 1859. This talk is extracted from his illustrated diary which portrays his multiple talents and considerable wit.

### 104 THE GLOBAL SEARCH for MEANING

**Presenter:** Fred Guilhaus ☎ 0407 792 334  
**Venue:** The Oak, 409 Mt Barker Rd, Bridgewater  
**Day:** 22<sup>nd</sup> & 4<sup>th</sup> Wed of the month  
**Starts:** 9 Feb – 22 Jun (except school hols)  
**Time:** 10:00am – 12:00noon

In the midst of massive disruption and political conflicts the level of anxiety has accelerated, particularly for the young. Mental health issues abound. There is a hunger for personal meaning in life. A return to what is important.

We shall look at comparative religions, philosophy, Carl Jung and Freud as psychiatric "solutions", Jordan Peterson and modern philosophers and speculate on how best we help the young and ourselves.

### 112 UNDERSTANDING DYSLEXIA

**Organiser:** Susan Smalldon ☎ 0403 857 600  
**Presenter:** Helen Lloyd ☎ 0408 477 311  
**Venue:** The Oak, 409 Mt Barker Rd, Bridgewater  
**Day:** Wednesday 23 Feb  
**Time:** 1:00pm – 3:00pm

A simple explanation of dyslexia and how it can affect general learning. Ways you can support a child or grandchild. Some practical activities you can employ and encourage them to use independently, which in turn will assist them and make their efforts enjoyable.

### 114 DARE TO SAY THE 'D' WORD

**Presenter:** Trish Gray RN ☎ 0400 284 870  
**Venue:** The Oak, 409 Mt Barker Rd, Bridgewater  
**Day:** Monday 9 May  
**Time:** 10:00am – 12:00 noon

This session, presented by Trish Gray RN, looks at the modern world's denial of death. In an effort to be kind we now use kindly intended and what superficially appear innocent euphemisms such as 'passed away', their 'passing', 'loss', and that a person has 'lost their battle'. The intent of opening our thinking in this is to open a wider perspective which leads to us all being more prepared for our death whenever it comes, with or without warning. It is okay and healthy to say, "they died".

## 124 DISCUSSIONS in PHILOSOPHY

*Organiser:* Susan Smalldon ☎ 0403 857 600  
*Facilitator:* Winnie Pelz  
*Venue:* St Paul's Community Room, Hahndorf  
*Day:* 3<sup>rd</sup> Friday of the month (excl school hols)  
*Starts:* 18 Feb – 18 Nov  
*Time:* 10:00am – 12:00 noon

Philosophy is the study of the fundamental nature of knowledge, reality and existence. It is a rational pursuit of truth and knowledge. In a world bombarded with 'false news' and social media trivia, it encourages deep and analytical thinking.

The discussion about philosophy will include historical context, consider the different divisions of philosophy and examine contemporary topics in a philosophical framework. Purchase of 'The Little Book of Philosophy' is strongly recommended (readily available from booktopia.com.au) and participants will be encouraged to research and take a turn in presenting such topics for group discussion.

## 119 THE ANTIKYTHERA MECHANISM

*Presenter:* Mark Randell ☎ 0429 679 317  
*Venue:* St Paul's Community Room, Hahndorf  
*Day:* Friday 13 May  
*Time:* 10:00am – 12:00 noon

In 1901 some sponge divers were sheltering from a storm in the Aegean Sea and decided to try their luck overboard: They discovered a Roman shipwreck laden with Grecian antiquaries including a lump of corroded bronze (the Antikythera Mechanism).

Now read on in your favourite search engine .... OR come to this talk by Mark who has found that the intricacies of the Mechanism have been adequately resolved and that human remains have been recovered from the shipwreck site (latest news)....

## 122 LARATINGA WETLANDS TOUR

*Organiser:* Susan Smalldon ☎ 0403 857 600  
*Presenter:* Emma Montgomery  
*Venue:* Laratinga Pavilion, Springs Rd. Mt Barker  
*Day:* Monday 7 March  
*Time:* 9:30am – 11:30am

Award winning Laratinga wetland is an ecological and recreational refuge amongst an urban environment. The tour will involve learning about the biodiversity of the wetland including some rare species and what makes this wetland so unique and one of the best waste-water systems in the southern hemisphere.

Commence our tour with a short presentation over a cuppa at the new Pavilion off Springs Rd. We will then drive to Bald Hills Rd carpark to meet up for a 45 minute guided walk around the wetlands with Emma. Stay on for a bite to eat and a chat in the picnic (BYO food - coffee van usually parked in the Bald Hills Rd carpark.)

## HEALTH AND FITNESS

**Dancing** No prior learning required however participants must be able to stand and move unaided and be medically capable of participating in gentle moderate exercise. Please wear comfortable clothing and shoes suitable for dancing, and bring a water bottle.

## 79 CIRCLE DANCING with VALERIE

*Organiser:* Susan Smalldon ☎ 0403 857 600  
*Presenter:* Valerie Pullan ☎ 0414 245 552  
*Venue:* Mt Barker Town Hall, Gawler Street  
*Day:* Tuesday weekly (except school hols & 21/6)  
*Starts:* 8 Feb to 13 Dec  
*Time:* 10.00am – 12:00 noon

Experience the well-being benefits of gentle dance in this welcoming and relaxed environment. Together we enjoy learning dances from around the world, listening to truly uplifting music, a laugh and a chat over a cuppa during the morning tea break.

## 97 CIRCLE DANCING with LYN

*Organiser:* Gloria Wright ☎ 8339 1240  
*Presenter:* Lyn Porter ☎ 0423 122 145  
*Venue:* Church of the Epiphany Hall, Crafers  
*Day:* Thursday, weekly (except school hols)  
*Starts:* 10 Feb - 15 Dec  
*Time:* 1:30pm – 3:00pm

So much more than dancing to uplifting music from around the world with friendly fun-loving class mates, chatty afternoon tea breaks & a great learning environment where all the dances are carefully taught each week & include steps such as walking, swaying, grapevines. A gentle stimulating workout for body mind & spirit. BYO mug for tea/coffee.

## 111 CELEBRATION of WINTER SOLSTICE DANCING

*Organiser:* Susan Smalldon ☎ 0403 857 600  
*Presenter:* Valerie Pullan ☎ 0414 245 552  
*Venue:* Mt Barker Town Hall, Gawler Street  
*Day:* Tuesday 21 June  
*Time:* 10.00am – 12:00 noon

Come and experience Circle Dancing and join us in celebrating the Winter Solstice with offerings of gentle candle dances and beautiful music. No prior learning required as all easy steps will be taught at the beginning of each dance. In the tradition of the Solstice, it would be inspiring to wear white or light-coloured clothing.

## 84 TABLE TENNIS at ALDGATE

*Organiser:* Susan Smalldon ☎ 0403 857 600  
*Presenter:* Aldgate Table Tennis Club  
*Venue:* Aldgate Oval Hall, Churinga Rd  
*Day:* 2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month  
*Starts:* 9 Feb – 23 Nov  
*Time:* 9:30am – 11:30 am

Table tennis improves physical fitness including heart health, hones the mind and sharpens coordination & reflexes. Coaching and bats available if required. Please wear no-slip shoes and bring a water bottle. \$3:00 per session payable on the day

## 99 MENTAL FITNESS – SWITCH ON YOUR BRAIN

*Organiser:* Susan Smalldon ☎ 0403 857 600  
*Presenter:* Robyn Upton ☎ 0402 090 966  
*Venue:* St Paul's Community Room, Hahndorf  
*Day:* Monday 21 & 28 March  
*Time:* 10:00am – 11:00am

Two introductory sessions with follow ups for those who are keen to continue their learning and practice the exercises. "As an older person, I find doing these exercises first thing in the morning gets my mind and body functioning on a good level."

## 100 CREATING CALM in DAILY LIFE

Organiser: Susan Smalldon ☎ 0403 857 600

Presenter: Robyn Upton ☎ 0402 090 966

Venue: St Paul's Community Room, Hahndorf

Day: Monday 16, 23 & 30 May

Time: 10:00am – 11:00am

Introduction, techniques and practice in Mindfulness, Meditation & Relaxation. A sense of calm offers us strength & resilience and improves our overall well-being. Please bring your own water bottle.

## LEISURE AND TRAVEL

### 103 DIG - DOWN IN THE GARDEN

Organisers: Heather Rowell ☎ 0418 835 280

Jenny Twigden ☎ 0419 833 546

Venue: The Oak, 409 Mt Barker Rd, Bridgewater

Day: 3rd Thurs of the month (excl school hols)

Time: 10:00am-12:00noon

#### Feb 17 Spirited Gardening - Sally-Anne Fowles

Sally-Anne is a horticulturalist, therapist, radio host and retail nursery supervisor. Sally-Anne delves into and shares her beliefs on human's innate connection, both physically and spiritually, with plants.

#### Mar 17 Up-Cycling & Sharing Ideas - Gloria Wright

How often have you seen, on the side of the road, something you can't resist? To others it might be JUNK. But NO, it has possibilities. So, for some inspiration and a laugh or two, Gloria will share with you some of her creations. You are invited to bring for the display table a 'show and tell', a photo of a gardening item or idea that you have found useful or made.

#### May 19 Life with Edible Alliums – Trevor Twigden

In his 40 years as an onion agronomist Trevor has learnt much about successfully growing and using onions. He also share with us insights into their close relatives, garlic, leeks, shallots and chives – plus a more distant relative, gladioli.

#### June 16 Fungi - Thelma Bridle

Thelma will introduce us to the world of fungi. There are about 144,000 known species in the kingdom which includes the yeasts, rusts, mildews, moulds and mushrooms. Amazing shapes, sizes and colours – fungi are truly mysterious and fascinating.

Remainder of 2022 choices in Semester 2 program.

### 108 GAMES, GAMES, GAMES

Organiser: Geoff Edwards ☎ 0475 404 892

Venue: St Paul's Community Room, Hahndorf

Day: 2<sup>nd</sup> & 4<sup>th</sup> Wednesday (excluding school hols)

Starts:: 9 Feb – 14 Dec

Time: 10am – 12noon

Come along and play board games, cards, pool and darts. Bring a game you wish to play and teach others to join you. This is a social get-together where you can find someone to play a game you love with, or maybe haven't had the opportunity to play or learn in the past.

### 115 TRAVEL

Organiser: Suzanne Arbon ☎ 0437 389 059

Venue: Town Hall, Gawler Street, Mt Barker

Day: 3rd Thurs of the month (excl school hols)

Time: 1.30pm - 3.30pm

#### Feb 17 Working & Travelling in China – Geoff Osborne

Geoff spent four years managing quarries in China, plus 40 years of mining covering various roles in Australia. The talk includes difficulties with the Chinese protocol, language, greetings and how to avoid calling your mother a horse or something worse. It covers only a few of the problems of supplying building materials for the building of Shenzhen and the Dia Bay nuclear power station plus stories on the British Gurkas, and British "spooks" (The Kings men)

#### Mar 17 Karst Landscapes – Mark Dale

In his youth Mark admired Chinese wall hangings depicting landscapes with sheer sided blocky peaks and jagged skylines of spiky hills. Later he discovered these were not distorted stylised paintings, but actual landscapes known as karst landscapes, which existed not only in China but much of South East Asia. Eventually he saw them for himself over two weeks spent in magnificent rural countryside in Central China travelling on river boats and through national parks and caves.

#### May 19 Exploring Western Australia – Suzanne Arbon

Part 1: The birds, beaches and wildflowers of Western Australia's south west.

#### June 16 Christmas in Berlin, New Year in Norway - Rodney Gracey

Aug 18 From Sea to Desert in 8 Days – Janet Hemsley  
A tour of eight days to Birdsville and back, via lake Eyre, Arkaroola and the "Dig Tree"

#### Sept 15 Trans Siberian Railway – David Adams

Sundowner tour via Japan, ship to Nahkodka then Trans-Siberian train with stops at Khabarovsk, Irkutsk, Novosibirsk. Then stays in Moscow & Leningrad before train on through Warsaw, Berlin etc and ferry to Harwich and finishing in London

#### Oct 20 More of South West WA - Suzanne Arbon

Part 2: Lighthouses, rocks, caves and quokkas

#### Nov 17 Sthn Japan in Autumn – Dorothy Whiterod

Dorothy travelled with a group through Southern Japan on a quest to find spectacular Autumn colours. Along the way they bathed in onsens, experienced hot sand baths, enjoyed mountain areas by bus and shot through the cities in bullet trains. In Kyoto, their final stop, autumn colour was everywhere as they toured temples and gardens.

### 94 MAH JONG (MT BARKER)

Presenter: Ron Allott ☎ 0402 533 480

Venue: Mt Barker Community Centre, Dumas Road

Day: Monday, weekly (except school holidays)

Time: 10:00am – 12:00noon

Dates: 7 Feb - 12 Dec

Beginners very welcome. Join in, have fun - no scoring.

### 96 MAH JONG (STIRLING)

Organiser: Daisy Lim ☎ 0411 099 039

Presenter: Marjolijn Haraghey

Venue: Level 2 Hillside Gardens

88 Cricklewood Rd, Heathfield (lift access)

Day: Friday, weekly (except Good Friday)

Dates: 4 Feb to 16 Dec

Time: 2:00pm – 4:00pm

An ongoing course suitable for beginners as well as advanced players. We play the Western version and supply course notes to assist players extend their repertoire of Special Hands.

## 121 DUPLICATE BRIDGE

**Director:** Trevor Waters 8339 2693  
**Venue:** Pinoak Tiers, Bilney Road, Stirling  
**Day:** Tuesday, weekly including school holidays  
**Starts:** 8 Feb – 13 Dec  
**Time:** 1:00pm (sharp) - 4:00pm

Recent research has found that playing bridge improves brain function and has a significant positive effect on wellbeing. New experienced players welcome but please note this is not a teaching course. Results are distributed by email each week. (*Venue rentals outside school terms are paid for directly by participants.*)

## OUT & ABOUT

### 90 GLENBARR HOMESTEAD HISTORICAL TOUR

**Organiser:** Dorothy Whiterod ☎ 0438526 454  
**Presenter:** Glenbarr Guide & Staff  
**Venue:** Glenbarr, 1400B Paris Creek Rd, Strathalbyn  
**Day:** Friday 25 Feb  
**Time:** 10:00am – 11:30 am  
**Cost:** \$15:00 or \$40:00 payable on enrolment

Meet at the property of Scottish pioneer, William Rankine for a guided tour of the house, still furnished with many original items, and learn about the early settlement of Strathalbyn. Devonshire tea or lunch served in the barn. Afterwards, we are free to wander around the garden, see the enormous ancient carob tree and old buildings. Options -\$15 Tour of house and Devonshire tea, OR \$40 Tour +Lunch/high tea of quiche, sausage rolls, sandwiches, scones and sweets.

### 95 WEDNESDAY WETLAND WALKERS

**Presenter:** Janet Hemsley ☎ 0428 844 097  
**Venue:** Laratinga Wetlands  
**Day:** Wednesday, weekly  
**Starts:** 9 Feb to 14 Dec (incl school hols)  
**Time:** 8:30am – 9:30am

Start at Bald Hills car park and walk around Laratinga Wetland, at your own pace and choose short or longer walks. Enjoy good company and an optional coffee after in the BBQ area. NOTE: Commences 8:30am Terms 1 & 4, 9:00am Terms 2 & 3

### 98 COME TRY PETANQUE

**Organiser:** Susan Smalldon ☎ 0403 857 600  
**Presenter:** Adelaide Hills Petanque Club  
**Venue:** Stonehenge Ave, Stirling  
**Day:** Tuesday 1<sup>st</sup> March  
**Time:** 9:30am – 12:00 noon  
**Cost:** \$5:00 payable on enrolment

In pétanque the goal is to score points by having boules closer to the target than the opponent after all boules have been thrown. Great fun! Join us for an enjoyable morning of camaraderie, laughs & maybe even a personal challenge or two! Playing tips, equipment and morning tea included.

### 105 COME TRY CROQUET

**Organiser:** Brent Danks ☎ 0448 061 920  
**Presenter:** Mount Barker Croquet Club  
**Venue:** Croquet Club, Mann Street Mt Barker  
**Day:** Monday 21 March  
**Time:** 2:30pm – 4:30pm  
**Cost:** \$5:00 payable on enrolment

Come and try this fascinating non aerobic game of tactics and fun in the picturesque and relaxing grounds of the Mt Barker Croquet Club. No experience is necessary as attendees will be under the guidance of experienced members of the Club - an opportunity to experience a sport that is suitable for all ages and skill levels. Fee includes refreshments.

### COME LUNCH WITH ME

Relax over lunch at various reasonably priced cafes, bakeries & restaurants in the Adelaide Hills - selected for good food and conversation. Members will be notified of the first location prior to commencement in February, with future venues to be agreed to by the group.

### 116 The First & Third Wednesday Lunch Group

**Organiser:** Geoff Edwards ☎ 0475 404 892  
**Day:** 1<sup>st</sup> & 3<sup>rd</sup> Wed of the month (excl school hols)  
**Starts:** 16 Feb – 7 Dec  
**Time:** 12:30pm – 2:30pm

### 123 The Second & Fourth Wednesday Lunch Group

**Organiser:** Margo Poirier ☎ 0423 249 000  
**Day:** 2<sup>nd</sup> & 4<sup>th</sup> Wed of the month (excl school hols)  
**Starts:** 9 Feb – 14 Dec  
**Time:** 12:30pm - 2:30pm

### 125 BIRDING at TOLDEROL RESERVE

**Organiser:** Susan Smalldon ☎ 0403 857 600  
**Venue:** Meet at Langhorne Creek Hotel  
**Date:** Tuesday 22 February  
**Time:** 10:30 am (sharp) in Hotel carpark

Tolderol Reserve, on NW side of Lake Alexandrina, is known for its birds. Reed beds along the lake shore, grassy banks and shallow basins attract a wide variety of water fowl and migratory wader bird species. Dragonflies and butterflies are a bonus, as are snakes (no shorts or open shoes). Binoculars, hats, sunscreen water and snacks - debrief and lunch at the Hotel for those who wish to stay on. **Leader:** John Hatch.

### 126 WOODLAND BIRDING at MONARTO

**Organiser:** Susan Smalldon ☎ 0403 857 600  
**Venue:** Meet at Bald Hills Rd carpark, Mt Barker  
**Date:** Friday 6 May  
**Time:** 9:30 am (sharp) in Laratinga carpark

For woodland birdwatching, Browns Road is the place to be. Spot 40-odd species, incl four or five endangered species such as restless flycatchers and diamond firetails. Bring binoculars, walking shoes, hat, water, sunscreen and a snack. If you wish to stay on for a debrief under the trees, also byo lunch and a chair. **Leader:** John Hatch

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ANNUAL MEMBERSHIP FEE \$50 (full) \$30 (associate)

Join and enrol in your chosen activities on <https://www.u3aadelaidehills.com/>

OR attend one of the enrolment days (with your membership fee)

10:00am – 1:30pm, **Wed 8<sup>th</sup> December** – Mount Barker Community Centre

10:00 am – 1:30pm, **Fri 10<sup>th</sup> December** - The Hut Aldgate