



WELCOME 2024

Member's Lunch, Bridgewater Inn – 1st Feb

Organiser: Susan Smalldon 0403 857 600
 Venue: Bridgewater Inn, 387 Mount Barker Rd
 Day: Thursday 1st Feb (once only)
 Time: 12:00pm – 2:00pm

Welcome 2024! Catch up with old friends, welcome new members and commence our U3A year with lunch in one of the great Adelaide Hills hotels. Enjoy a main meal (GF options available) for a member's only reduced cost of \$13 (must be paid on enrolment). Dessert and drinks, if wanted, at own expense.

ART & CRAFTS

Card Making

Presenter: Janet Hemsley, 0428 844 097
 Venue: Private Address, Mt Barker
 Day: 2nd & 4th Tuesday (excl school holidays)
 Time: 1:30pm – 3:30pm
 Start: 13th February – 10th December

Create two cards per session using card, paper, stickers, punches and dies. \$8:00 each session to cover the cost of materials, payable on the day.

Contemporary Art is Serious Play

Presenter: Susan Fereday, 0478 568 397
 Venue: Coventry Library, Stirling
 Day: 3rd Wednesday excl school holidays
 Start: 21st February – 18th November
 Time: 10:00am – 12:00pm

Be inspired by contemporary art through practical assignments designed to spark joy and confidence in your creativity. Each session introduces works by selected contemporary artists. A creative task is set for members to undertake at home using a variety of simple materials such as paper, fabric, recycled plastic & found objects. No drawing skills are needed - just a willingness to experiment and have fun.

Great Art – Great Ideas

Presenter: Susan Fereday, 0478 568 397
 Venue: Coventry Library, Stirling
 Day: 1st Wednesday excl school holidays
 Start: 7th February – 6th December
 Time: 10:00am – 12:00pm

What makes an artwork "great"? Each session takes an example from the art history canon to discuss just what makes it so special. Key works this year are by Georgia O'Keefe, August Sander, Gustav Klimt, Louise Bourgeois, Jackson Pollock, Piet Mondrian, Joseph Beuys, Cindy Sherman and van Gogh.

Guided Tours of the Art Gallery

Organiser: Cheryl Oliver, 0438 823 185
 Venue: Art Gallery SA, North Terrace, Adelaide
 Day: 4th Monday, including school holidays
 Start: 26th February – 25th November
 Time: 1:20pm – 2:30pm
 Cost: \$20 annual fee at time of enrolment

Meet at 1:20pm in the foyer near restaurant via the back entrance. Trained gallery guides will lead a tour of a current exhibition or a selection of works from the Gallery's collection. Note: the gallery now requires entrance fees to be paid at the beginning of the year.

Painting and Drawing

Organiser: Margaret Campbell, 0456 752 623
 Venue: The Oak, 409 Mt Barker Rd, Bridgewater
 Day: 2nd & 4th Friday including school holidays
 Start: 10th February – 13th December
 Time: 10:00am – 12:00pm

If you enjoy playing with pencils and paint, come and join us! This is not a teaching class – everyone brings along their own materials to use. But ... we provide lots of friendly chatter along with supportive motivation and encouragement

GENERAL INTEREST

Astronomy – An Introduction

Presenter: Les Laub, leslaub@ace.net.au
 Venue: Coventry Library, Stirling
 Day: Tuesday 30th April (five sessions)
 Time: 10:30am – 12:30pm

The fascinating world of astronomy! Areas to be explored over the five weeks include the ancient philosophers and prophecies, how astrology arose as a superstition and pseudo-science and how astronomy was (and still is in some religions) suppressed, what science tells us about the universe and how matter came to be created, how old is the moon and is there life on other planets.

Film Club (Hahndorf)

Presenter: Frank Robertson, 0418 448 654
 Venue: St Paul's Community Room, 6 English St
 Day: 1st Thursday, excl school holidays
 Time: 1:30pm – 3:30pm
 Start: 7th March – 5th December

An opportunity to see films no longer readily available. Frank, an avid film buff and font of knowledge will present a wide range of classic films in a friendly, relaxed environment. Join us on the adventure -

Financial Matters

*Organiser: Fred Guilhaus, fguilhaus@gmail.com
Venue: The Oak, 409 Mt Barker Rd, Bridgewater
Day: 1st & 3rd Wednesday (excl school holidays)
Time: 10:00am – 12:00pm
Start: 7th February – 4th December*

We cover world geopolitics as it affects the global and particularly the Australian economy. A desire to know more about the share market and basic economics is a prerequisite. Includes active discussion surrounding Australia's economy and particular investments in shares, bonds, and real estate and an understanding how interest rates and government policies affect personal wealth preservation in an uncertain and volatile world.

On Line Safety Demystified with Mike Sussex

*Organiser: Susan Smalldon, 0403 857 600
Venue: St Paul's Community Room, Hahndorf
Day: Friday 14th June (once only)
Time: 10:30am – 12:30pm*

The news is full of people having been scammed out of their life savings after clicking a link in an e-mail or something similar, but often clicking a link is required. How is anyone supposed to know what's right and what's wrong? In this talk, Mike – an IT professional with almost 30 years' experience - reveals the tricks to spotting scam e-mails and text messages, discusses subjects like password management, and helps demystify the jargon of the online world.

The Equation of Life

*Organiser: Dave Fenwick, 0419 817 941
Venue: St Paul's Community Room, Hahndorf
Day: Friday 16th & 23rd February
Time: 10:30am – 12:30pm*

The level of oxygen in the atmosphere is looked at for the last 4 billion years and how it corresponds with the fossil record for plants and animals. Topics covered are at a basic level and include physics, chemistry and biology. All at a level easily understood, and will have us thinking! This talk will be delivered in two parts.

The Global Search for Meaning

*Presenter: Fred Guilhaus, fguilhaus@gmail.com
Venue: The Oak, 409 Mt Barker Rd, Bridgewater
Day: 2nd & 4th Wednesday (excl school holidays)
Time: 10:00am – 12:00pm
Start: 14th February – 11th December*

In the midst of disruption and political conflict the level of anxiety has accelerated, particularly for the young. Mental health issues abound. We shall look at comparative religions, philosophy, Carl Jung, and Freud as psychiatric 'solutions', Jordan Peterson & modern philosophers.

Wildlife Rescue with Rae Campbell

*Organiser: Susan Smalldon, 0403 857 600
Venue: St Paul's Community Room, Hahndorf
Day: Thursday 30th May (once only)
Time: 10:30am – 12:30pm*

Rae has been involved in wildlife rescue since she

was three - over 7 decades! She, among many other achievements, founded the Adelaide Koala & Wildlife Hospital and is the only person in Australia to hold a licence to keep a koala permanently outside of a zoo or park. HRH Charles, the then Prince of Wales, asked to meet her when he visited Adelaide. Outside Australia she has worked with disabled children and with elephants rescued from the teak forests. Rae is a well-known and respected Adelaide speaker and advisor on South Australia's koalas

HEALTH & FITNESS

Circle Dancing (Crafers)

*Presenter: Valerie Pullan, 0414 245 552
Venue: Ann Jolly Hall, 1 Epiphany Place, Crafers
Day: Thursdays (weekly excl school holidays)
Time: 1:30pm – 3:00pm
Start: 8th February – 12th December*

Together in Dance - experience the well-being benefits of gentle dance in this welcoming and relaxed environment. Together we enjoy learning dances from around the world, listening to truly uplifting music, a laugh and a chat during the break.

Circle Dancing (Mount Barker)

*Presenter: Valerie Pullan, 0414 245 552
Venue: Town Hall, 34 Gawler St, Mt Barker
Day: Tuesdays (weekly excl school holidays)
Time: 10:00am – 12:00pm
Start: 6th February – 10th December*

Together in Dance - experience the well-being benefits of gentle dance in this welcoming and relaxed environment. Together we enjoy learning dances from around the world, listening to truly uplifting music, a laugh and a chat during the break.

LANGUAGES

Intending NEW language students please contact the Presenter prior to enrolling to ascertain your level

French 4 & French 6 with Helen

*Presenter: Helen Hughes, 0407 720 168
Venue: Mt Barker Community Centre, Dumas St
Day: Tuesdays (weekly excl school holidays)
Time: 2:30pm – 4:30pm
Start: 6th February – 10th December*

French 4 - An intermediate course of continuing study; grammar, geography, history, culture and current affairs. Written work incorporates comprehension, description and story writing. Oral work focuses on dictée, weekly conversation and aural comprehension.

Texts: Schaum French Grammar, A New French Course Pt 3 by Horan and Wheeler (Science Press)

French 6 - Ongoing revision of grammar as well as new points; enhancing geography, history and culture, awareness of current affairs. Specific focus on conversation, written and aural comprehension and the development of prose writing skills.

Texts: Schaum French Grammar, A New French Course Pt 4 by Horan and Wheeler (Science Press), Communications & Communiqué by David Sprake

French for Fun with Jan & Laurel

Presenter: Jan de Weerd, 0419 802 780
Venue: Ann Jolly Hall, 1 Epiphany Place, Crafers
Day: Thursdays (weekly excl school holidays)
Time: 10:00am – 12:00pm
Start: 8th February – 12th December

Our emphasis is on the fun of learning the French language and exploring it through song, music, film, internet and multimedia. The venue is fully set up with WiFi and screening facilities, making each lesson varied and stimulating.

We work with 2 texts, "Easy French, Step by Step" and "French Experience 1," CD's and text.

LEISURE & TRAVEL

DIG (Down in The Garden)

Organiser: Suzanne Arbon, 0437 389 059
Venue: St Paul's Community Centre, Hahndorf
Day: 3rd Thursday (excluding school holidays)
Time: 10:00am – 12:00pm

Various presenters share their knowledge and passions for all things garden.

Feb 15 *Merilyn Kuchel OAM* – Mediterranean Gdns
Mar 21 *Monica du Plessis* – Beekeeper Society -
May 16 *Malcolm Haines* – Wild & Medicinal Plants
Jun 20 *Dan Austin*, Green Wonder of the World
Aug 15 *Richard Harman*, Wholesale Florist Business
Sep 19 *Paul Linden* – Heritage Roses
Oct 17 *Liane Healey's Hills Garden Visit*
Nov 21 *Christmas Meeting* - Auchendarroch

Duplicate Bridge (Stirling)

Presenter: Trevor Waters, 0493 115 092
Venue: Pinoak Tiers, Stirling
Day: Tuesday weekly (excl school hols)
Time: 1:00pm – 4:00pm
Start: 6th February – 10th December

Recent research has found that playing bridge improves brain function and has a significant positive effect on wellbeing. New experienced players welcome but please note this is not a teaching course. Results are distributed by email each week.

Games, Games, Games

Presenter: Geoff Edwards, 0475 404 892
Venue: St Paul's Community Room, Hahndorf
Day: 2nd & 4th Wednesdays (excl school hols)
Time: 10:00am – 12:00pm
Start: 14th February – 11th December

Come along and play board games, cards, pool and darts. Bring a game you wish to play and perhaps teach others to play. A social gathering where you can find someone to play a game you love or learn one you haven't had the opportunity to play in the past.

Mah Jong – Mount Barker

Presenter: Ron Allott, 0403 533 480
Venue: Mt Barker Community Centre, Dumas St
Day: Mondays (weekly excl school hols)
Time: 10:00am – 12:00pm
Start: 5th February – 9th December

Beginners very welcome. Join in, have fun – no scoring

Mah Jong – Stirling

Presenter: Marjolijn Haraghey, 0403 989 817
Venue: Hillside Gardens, Heathfield
Day: Fridays (weekly incl school hols)
Time: 2:00pm – 4:00pm
Start: 2nd February – 13th December

This is an ongoing course suitable for beginners as well as advanced players. We play the Western version of Mah Jong and supply course notes to assist players in extending their repertoire of Special Hands.

Travel

Organiser: Suzanne Arbon, 0437 389 059
Venue: St Paul's Community Centre, Hahndorf
Day: 3rd Thursday (excluding school holidays)
Time: 1:30pm – 3:30pm

Various presenters show and tell about their travels, recent or not, overseas and local.

15/2 Edna Rollings & Suzanne Arbon - Mongolia
21/3 Chris Jordison – Canada & Polar Bears
16/5 Janet Leitch – One of Janet's many Camino treks
20/6 Jill Bowden – Brazil
15/8 Kathy Read – Norway & Denmark
19/9 Suzanne Arbon – Namibia
17/10 Loraine Gager – Sri Lanka
21/11 Surprise!

LITERATURE & HISTORY

Adventures in Crime Fiction (Aldgate)

Presenter: Merrilie Rowley, 0400 268 214
Venue: CFS, 21 Strathalbyn Road, Aldgate
Day: 4th Monday (incl public holidays)
Time: 2:00pm – 3:30pm
Start: 29th January – 27th November

The reading list includes some "oldies, but goodies", but also seeks to introduce newer crime writers and a range of cultures to the reader. Members source their own books to read prior to each session. If you encounter any difficulties in obtaining a title, please contact Merrilie.

Jan 29th - The Winter Queen - Boris Akunin
Feb 26th - Next of Kin - John Boyne
Mar 25th - Death of a Red Heroine - Qiu Xiaolong
Apr 22th - Gaudy Night - Dorothy Sayers
May 27th - Don't Look Back - Karin Fossum
Jun 24th - Sleepyhead - Mark Billingham
Jul 22nd - 13 Hours - Deon Meyer
Aug 26th - Sixth Lamentation - William Brodrick
Sep 23rd - Devil in Blue Dress - Walter Mosely
Oct 28th - Lonely Hearts - John Harvey
Nov 25th - All the Hidden Truths - Claire Askew

Appreciating Poetry

Presenter: Jackie Mussared, 0417 842 694
Venue: Coventry Library, Stirling
Day: 1st & 3rd Wednesday (excl school hols)
Time: 1:30pm – 3:30pm
Start: 7th February – 4th December

We now use the internet to listen to poets and/or actors read poems. We look at the techniques poets use as this gives us greater understanding of their work. We also explore their life and times and both classical and modern poets are included.

Book Group (Aldgate)

Presenter: Merrilie Rowley, 0400 268 214
Venue: CFS, 21 Strathalbyn Road, Aldgate
Day: 2nd Monday (incl public holidays)
Time: 2:00pm – 3:30pm
Start: 12th February – 9th December

An enthusiastic group who enjoy reading and discussing a wide range of literary fiction. The list of books encompasses authors from diverse cultures, hopefully guaranteeing lively discussion and broadening our literary knowledge. Members source and read the books prior to each session.

Feb 12 - North & South - Elizabeth Gaskell
Mar 11 - The Long Song - Andea Levy
Apr 8 - End of the Affair - Graham Greene
May 13 - Moon Tiger - Penelope Lively
Jun 10 - Middlesex - Jeffrey Eugenides
Jul 8 - Limberlost - Robbie Arnott
Aug 12 - Shadow of the Wind - Carlos Ruis Zafon
Sep 9 - Five Bells, Gail Jones
Oct 14 - Flight Behaviour - Barbara Kingsolver
Nov 11 - The Colony - Audrey Magee
Dec 9 - Do Not Say We Have Nothing - M Thien

Creative Writing

Presenter: Tony Rogers, 0402 414 150
Venue: Library, Dumas Street, Mount Barker
Day: Thursdays (weekly excl school holidays)
Time: 2:00pm – 3:30pm
Start: 8th February – 11th December

Creative writing is a way of expressing yourself, entertaining others and of sharing one's experiences. You can pretend anything you want and help your readers do the same. If you have stories and ideas you would like to put on paper, come and get some hints - you may find it is more fun than you expected. If you are already a keen writer, then share your ideas. The course will be structured around participant's interests and needs.

Family History – Ancestors & Others

Presenter: Jacki Mussared, 0417 842 694
Organiser: Gail Edwards, 0438 840 673
Venue: The Oak, 409 Mt Barker Rd, Bridgewater,
Day: 2nd & 4th Thursdays (excl school holidays)
Time: 9:30am – 12:00pm
Start: 8th February – 12th December

This course has the goal of improving members' research skills in genealogy and social history through the sharing of experiences and knowledge. The talks include research techniques, useful websites and organising your family history materials. Presentations often address social history issues of the times in order to understand the context in which our ancestors lived.

NOTE New members please contact either Gail or Jackie prior to enrolling to discuss your family history research status.

Literature

Presenter: Nina Chicco, 8339 3775
Venue: St Paul's Community Room, Hahndorf
Day: Wednesdays fortnightly (excl school hols)
Time: 2:00pm – 4:00pm
Start: 7th February – 11th December

We start the year with '1984' by George Orwell - a chilling account of a society controlled by "Big Brother". Chilling because it was published in 1949 but predicts so much that occurs in our society today. Also studied through the year: 'Cold Comfort Farm' by Stella Gibbons, 'My Cousin Rachel' by Daphne du Maurier, 'Persuasion' by Jane Austen and 'The Machine Stops' by E.M. Forster - a short story written in the 1930's depicting a society which is sustained and governed by machines to the point where their religion is that of the machine.

Larger than Life with Sue Garforth

Organiser: Susan Smalldon, 0403 857 600:
Venue: St Paul's Community Room, Hahndorf
Day: Friday (three sessions)
Time: 10:30am – 12:30pm
Start: 1st, 8th & 15th March

Happily for us, Sue has agreed to again entertain and inform us with another series of talks in her own indomitable style. The history we never learned at school! Enrol in one or in all three!

1st March - Elizabeth 1
8th March - Joan of Arc
15th March - Gandhi

Three Ring Circus with Corinne Ball

Organiser: Susan Smalldon, 0403 857 600:
Venue: St Paul's Community Room, Hahndorf
Day: Monday 19th February (once only)
Time: 1:30pm – 3:30pm

The dramatic, mysterious, and tragic life of Mabel Worley (1872-1937). Roll up, roll up for a sensational tale of family, sex, secrets, and stardom. Mabel gave birth at the Adelaide Destitute Asylum, married, ran away and joined the circus! This presentation will uncover Mabel's incredible adventures as she navigated love and loss, fell into a life of crime and yet rubbed shoulders with the big stars of her day. Corinne solves a 100 year old family mystery: how did her life go so wrong, and just what happened to her daughter?

The History of the London Tube with Sue Garforth

Organiser: Susan Smalldon, 0403 857 600:
Venue: St Paul's Community Room, Hahndorf
Day: Friday 12th April (once only)
Time: 10:30am – 12:30 pm

The London Tube - we have all heard of it, many of us have been on it. Join Sue for this presentation taking a look at the life and times of the world's oldest underground railway.

A history lesson like no other!

Writing Your Story – a Memoir

Presenter: Glenda Gregory, 0431 134 644
Venue: St Paul's Community Room, Hahndorf
Day: Tuesdays (weekly excl school holidays)
Time: 10:00am - 12:00pm
Start: 6th February – 10th December

Memoirs are not just for the rich and famous – we all have a story to tell and everyone's journey is different. This course will look at where to start, how to construct your story, tips on keeping it relevant and interesting, design and how to include your family tree and photos. The goal is to produce something for future generations, or merely for your own satisfaction and to learn new skills.

MUSIC

For the Love of Folk Music

Presenter: Graeme Taylor, 0417 989 114
Venue: St Paul's Community Room, Hahndorf
Day: Mondays (weekly excl school holidays)
Time: 9:30am – 11:30am
Start: 5th February – 9th December

Do you enjoy folk music? Do you play an instrument? Can you read music or play by ear? Start off the week in a fun and interesting way with a like-minded group. BYO instrument and music stand - tin whistle, accordion, mandolin, violin, recorder, flute, bodhran ... New members please contact Graeme before enrolling

Music for Sharing

Organiser: Richard Knott, 0458 830 407
Venue: Private Home, Bridgewater
Day: 4th Monday (excl school holidays)
Time: 2:00pm – 4:00pm
Start: 26th February – 25th November

Bring your own CDs or tapes and introduce your own music from classical to rock. New members very welcome.

Ukulele and Song

Presenter: Geoff Edwards, 0475 404 892
Venue: Crafers Institute Hall, Sharrod Street
Day: Thursdays (weekly excl school holidays)
Time: 10:00am – 12:00pm
Start: 8th February – 12th December

An informal gathering of ukulele strummers from beginners to more advanced. Play and sing in a friendly environment. There will be a spare uke or two you can try, but if you just like to sing you are also welcome.

OUT & ABOUT

Come Lunch with Me (1)

Organiser: Geoff Edwards, 0475 404 892
Venue: Various cafes and restaurants
Day: 1st Wednesday (excl school hols)
Time: 12:30pm – 2:30pm
Start: 7th February – 4th December

Relax over lunch at different venues in the Adelaide Hills suggested and chosen by the members when they meet.

Come Lunch with Me (2)

Organiser: Margo Poirier, 0423 249 000
Venue: Various cafes and restaurants
Day: 1st & 3rd Wednesday (excl school hols)
Time: 12:30pm – 2:30pm
Start: 7th February – 4th December

Relax over lunch at different venues in the Adelaide Hills suggested and chosen by the members when they meet. We will eat at cafes and hotels that are reasonably priced and selected for good food and conversation.

Not Just a Wine Tasting

Organiser: Susan Smalldon, 0403 857 600
Venue: Mordrelle Wines, Hahndorf
Day: Friday 17th May (once only)
Time: 12:00pm – 2:00pm
Fee: \$30 (includes lunch & wine tasting)

Meet Hahndorf winemaker Martin Moran who moved to the Adelaide Hills from Argentina to make wine "from the heart". Martin will share with you his family's story, including that of the beautiful wine labels, and host a wine tasting session of their award-winning boutique wines.

Oaklands Wetlands – Tour & Talk (travel by bus)

Organiser: Susan Smalldon, 0403 857 600
Venue: Oaklands Wetlands, Oaklands Park
Day: Friday 3rd May (once only)
Time: 9:00am – 12:30pm
Fee: \$12 (bus) Must be paid upon enrolment

Did you know that this 'water factory' can clean up to 400 million litres of stormwater each year? Learn of the wetland's history, the why and the how while comfortably seated inside with a coffee with Glynn Ricketts, the Water Resources Coordinator. Enjoy a leisurely walk around the facility.

Wednesday Wetland Walkers

Organiser: Janet Hemsley, 0428 844 097
Venue: Laratinga Wetlands, Mount Barker
Day: Wednesdays (weekly incl school hols)
Time: 8:30am – 9:30am
Start: 7th February – 11th December

Start at Bald Hills car park, walk around Laratinga Wetlands at your own pace choosing short or longer walks. (Walk takes 30- 45 mins at a steady pace) Enjoy good company and an optional coffee after in the BBQ area.

Woodland Birding with John Gitsham

Organiser: Susan Smalldon, 0403 857 600:
Venue: Englebrook Reserve, Bridgewater
Day: Tuesday 12th March (once only)
Time: 9:00am – 11:00am

Calling all birders! John Gitsham, dedicated birder, conservationist, naturalist and bird photographer, will lead this Autumn walk near Bridgewater. More than 60 bird species visit Englebrook including swifts, kingfishers, wrens, pardalotes and honeyeaters. Keen photographers bring your camera – John is happy to give some tips on catching that perfect shot.