



Adelaide Hills Spring Newsletter 2025



From the Editor

Welcome to our Spring newsletter, and what a Spring it has been. Frosts and fogs, storms, wind and rain; even a red moon for those brave enough to get up to see it. And our Annual general Meeting, which as promised was short, sharp, shiny and interesting. Our guest speaker Bruce Munday talked about the deliberate introduction and inevitable proliferation of rabbits into Australia, and various attempts to reduce their numbers.

After hearing the various annual reports, members voted for the new committee, and office bearers will be elected at a subsequent committee meeting.

Refreshments included the usual ice-creams, and our birthday cake, celebrating 25 years since U3A AH began. At the end of 2000 we had 139 members, last year 363. Total course enrolments for this year number 1911. We acknowledged the wonderful, ongoing support from our course presenters and organisers, without whom there would be no U3A.



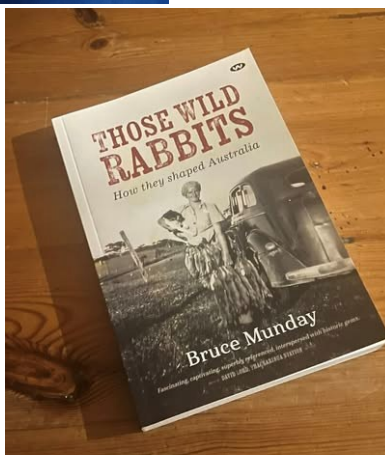
Our very own Monday folk welcomed us in their inimitable style.

Suzanne Arbon, Chairperson 2024-2025



It certainly wasn't your average AGM! Music, door prizes, displays, a room full of happy U3A members, an interesting speaker, rabbits and birthday cake, what more could you want! Thank you to Susan and her band of helpers.

Dorothy Whiterod



Our thanks to the office of Rebekha Sharkie MP for printing this newsletter.

Winter Thank-you to Volunteers lunch at Auchendarroch.



About 70 members and partners enjoyed our annual July thank-you lunch, to recognise the tremendous amount of work our course leaders and organisers plus committee members contribute to making our U3A strong and vibrant.

We were once again entertained by our very own Ukelele and Song group, decked out with interesting hats.



U3A AH Committee 2025-2026

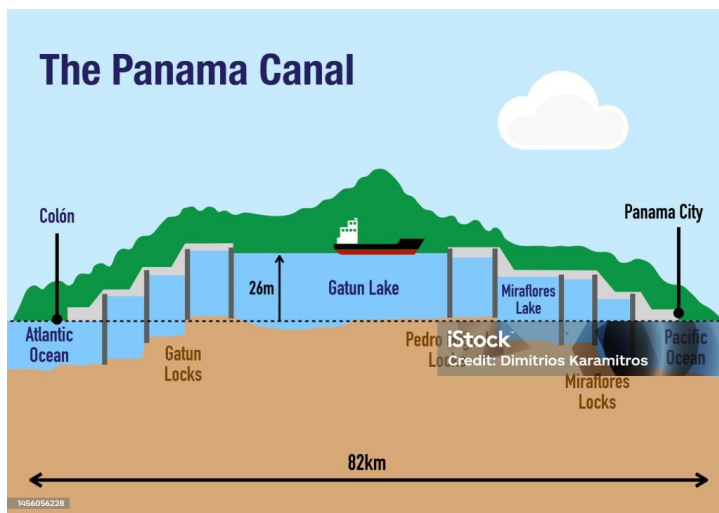
Suzanne Arbon,	Wendy Bartholomew,	Ron Chapman,	Brent Danks,	Geoff Edwards,
Lesley Ewing,	David Fenwick,	Janet Hemsley,	Susan Smalldon	

Two Canals and a Wall, by Sue Garforth

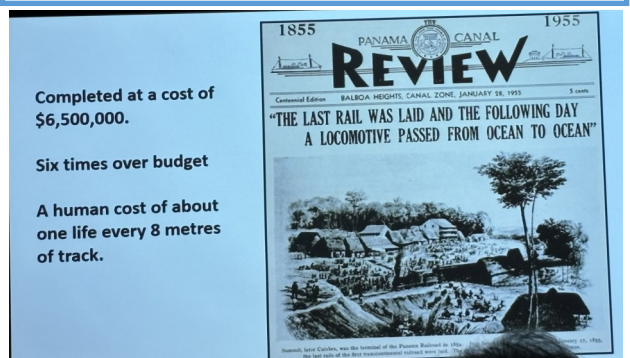
How lucky were we! The inimitable Sue Garforth gave us another fabulous 3-week journey and glimpse into places we thought we knew something (or very little!) about, maybe visited, but definitely never realised how much more we missed out on! Her series, 2 canals (Suez and Panama) and a Wall (Berlin), was highly informative, entertaining and educational. Bless U3A! Sue is a legend and we can't wait to sign up for another treat next year. Thanks Sue! *Marjolijn Haraghey*



March 2021: a supertanker blocked the Canal for 6 days, stranding hundreds of ships.



After successfully building the Suez Canal, Ferdinand du Lesseps thought he could do the same in Panama, disregarding the difference between flat desert sand and rocky, rain forested mountain country. Eventually he had to install several locks, turn a river into an artificial lake, and greatly exceeded his budget and time frame.



Easy to see which side is which.

Guided Tours of the Art Gallery of S.A. August 2025

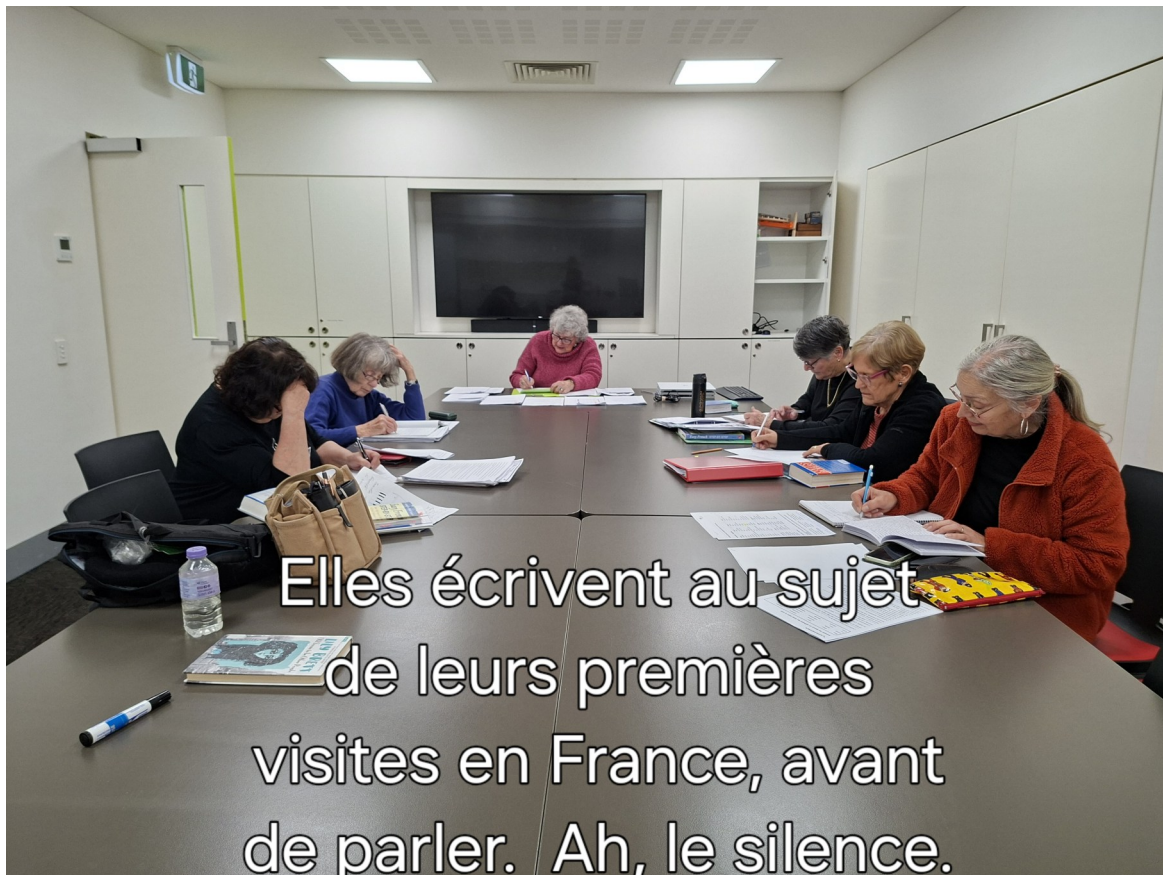
The Ramsay Prize. \$100,000 first prize for winner of exhibits by artists under 40. The winner of the public vote wins \$15,000. The exhibition includes a huge work named Clouds by Clara Adolphs which depicts a memory after a moment passes. i.e. like clouds moving. Cheryl - Coordinator

Editor's note—hope Winnie, Paddington and any other members of the bear family don't attend.



French for Fun

Our class enjoyed a French Film 'Mr Blake at Your Service' with morning coffee and French petit fours, followed by Beouf Bourguignon with baguettes and wine in front of a cosy, blazing fire. A big thank you to Didy! 🍷



They write about their first visits to France, after speaking. Ah, the silence.

Circle Dancing in the Hills

Winter Solstice in the Hills was celebrated beautifully again this year with especially curated Circle Dancing sessions in both Crafers and Mount Barker. Valerie's very creative handcrafted papier-mâché lanterns, admired and appreciated by all, set the scene for the candle dances to come.

Thank you Valerie . . . again. 🏆



Travel Group term 2

Lesley Lewis treated the Travel Group to a glimpse into life in a beautiful corner of Italy. Her talk was "Living the Italian Lifestyle". We viewed exquisite palaces like Palazzo Borromeo, the beautiful Lakes of Piedmont, Northern history, and dipped our toes into Etruscan history. A real treat! Thank you Lesley and Susanna! *Marjolijn Haraghey*



In September Suzanne concluded her presentation on The Five Stans of the Silk Road—Kyrgyzstan, Kazakhstan, Tajikistan, Uzbekistan, and Turkmenistan. Amazing variety of landscapes, weather, people, cultures and buildings.

Card Makers with Janet Hemsley

On a very windy and cold wet June day the card group became engrossed in their craft. It took time, but learning new skills was enjoyable - and box and Iris folding.



The wet and windy July day brought 3 different styles of cards.

Great activity for those winter afternoons Ed.



Film Club

After two false starts due to power outages, "The Glass Mountain" was finally shown in June. All that drama, all that love, all that romantic pain! Filmed in the Dolomites Italy, and at Venice's Opera House in 1949. A lovely British Production of a Classic Tale., filled with thwarted love amongst magnificent scenery.

August's movie was the musical Rose Marie, starring Howard Keel and Ann Blyth. Set in the rugged Canadian Rockies, A Mountie woos an independent back-woods girl. The plot more closely follows the original 1924 operetta than does the 1936 version, which starred Jeanette MacDonald and Nelson Eddie.



Eating for Optimal Health

Giordana presented an interesting and informative series on healthy eating for seniors, including how the digestive system works.

