



U3A

Adelaide Hills Summer Newsletter 2022—2023



Dear Members and friends,

Welcome to the last edition of the newsletter for 2022, with snippets from the last few months, and news of the coming year. Will it be a better year than this one, with its Covid and other illnesses, wild weather and black-outs, and political upheaval?

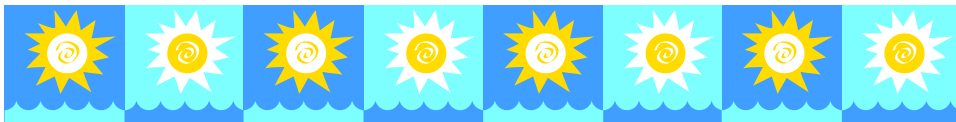
I'm writing this on another bleak day in late November. I thought if I repeated the word summer numerous times, it might come. My garden is growing fitfully, the slugs and snails are fattening, and the soil is water-logged. My sympathies to those who were impacted by Covid; as well as those who had power blackouts, and damage from the recent storms or floods. Here in Hanhdorf we were relatively unscathed.

By the time you read this I hope you will have read next year's programme, and that you have enrolled in the subjects that interest you. As usual our Course Co-ordinator Susan has collected a variety of new experiences for us; including Mandala Painting, Come Try Bowls, Elder Abuse, Writing Your Memoir, Exploring Local History, Citizen Science and Mozzies! The ever popular Sue Garforth will present a one-off on The History of the Tube, and 3 sessions on Pretenders from her British History series. Excursions include our annual Members Lunch to get the year off to a good start, Capri Theatre Tour and Morning Tea, and the long-awaited David Roche Gallery Tour, which includes a bus trip. For gardeners and travelers, DIG and Travel again have some interesting speakers next year. We are grateful that the other regular language and literature, art and craft, dance, games, and discussion groups are continuing as normal! Remember that if you have any suggestions for the second semester please send them to our U3A gmail, for our consideration.

As has been noted in recent bulletins, several of our long-term course presenters are retiring. We thank them sincerely for their devotion and commitment to U3A AH. Happily for the rest of us, other presenters and organisers have been willing to step up.

It is a good idea to familiarise yourself with our bright and informative web site. It contains everything you need to know about U3A AH, is regularly updated, and will be used more in the future for dissemination of information. We know some of our members are not comfortable with technology, but please ask a buddy (or grandchild) to help you if necessary.

Suzanne, Chairperson 2021-2022





French in Action

Adelaide Hills U3A French class students have all produced a children's book, on a topic of personal interest, in French! This has involved a high level of language use, a creative approach to illustrations, and many hours of diligent research.

Congratulations to all, and apologies to those absent from the photo. Watch for updates! Are they the authors of the future?

Please remember this is your newsletter. I can only include articles that are sent to me, or are posted on our Facebook page.



DIG

Neville Bonney was the DIG group's last speaker of the year. Returning by request he spoke to the group about his love of native food "Wild Food". He talked about how First Nations people and early European settlers grew native foods and how the knowledge of safe cultivation of them spread. He brought with him a selection of the wild food that was, and still is, harvested. We were all able to try some of the yummy food.

At first European settlers found wild food not to have the sweet taste that they were used to. This has gradually changed over the years.

Neville's innovative approach showed with his preparation of some of the berries that he had cooked, then coated in chocolate. He then presented them on toothpicks, quite delectable morsels. We also tried kangaroo sausages, kangaroo tail mettwurst with cheese, muntrie berries, finger limes, saltbush, samphire, quandongs made into dip, a variety of wattle seed and flour, and wattle seed biscuits. Saltbush and other wild greens, with a little garlic and olive oil added, were made into pesto.

We had a delightful, entertaining morning - Neville is a raconteur with a vast knowledge of natural world

Jenny Twigden and Heather Rowell

Old Government House Visit

A visit to Old Government House was a step back into the 1800s for 18 members recently. We toured the house and enjoyed Devonshire tea in the renovated stables. Old Government House was the summer residence for some of SA early governors. The subsequent summer house at Marble Hill burned down, along with most of the historic furniture and artefacts, except for a few which were out on loan or being restored. Replacements of appropriate age are still being acquired. The house and garden are beautifully maintained by a small group of volunteers.

One of the highlights is the lead lined indoor pool, (bottom left) the first in South Australia, not somewhere we decided we would like to bathe. Antique kitchen items abound in the renovated staff quarters (top R). Below, elegant facade of verandah/ balcony, and beautifully hand-stitched quilts and undies are just a few of the attractions. Lots of other delights for the senses, in house and garden. Tours of house and gardens are available.



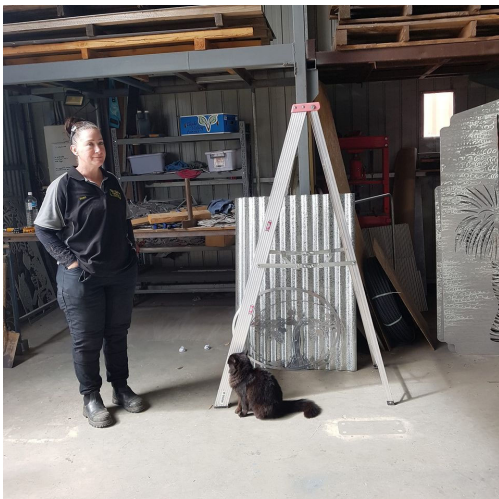
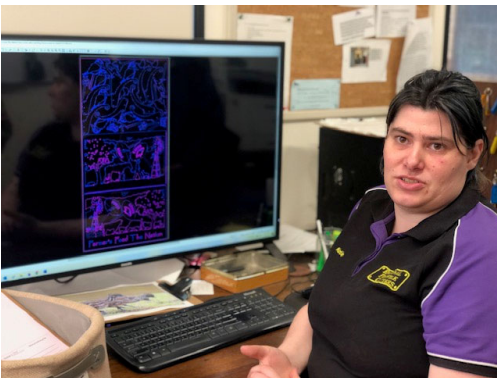
TRAVEL

Dorothy Whiterod closed the Travel Group's program for 2022 with an inspiring talk about her last trip to Japan. Her stunning photos on the massive Mount Barker Town Hall screen brought her trip to life!



Visit to Regional Profile Cutters, Taillem Bend

The products are beautiful, but the technology is amazing. Katie draws the design onto the computer, top left photo, arranged to minimise wastage. Then she plots the path of the laser, below. It has to work across the whole metal sheet, to avoid melting areas. After the guided and self-guided tour we were let loose in the shop. The outing ended with lunch overlooking the River Murray.





The mosaic group had a smashing time at Dorothy's, preparing their cups for gluing to the styrofoam balls.

MOSIAC MAKING

This crafty group produced a variety of beautiful mosaics. One will be a William Morris doorstep, one has gold touches, another sporting a face, and a little blue and pink one will be part of a group of three. *Dorothy*

Thanks again for teaching us this craft Dorothy, great fun, with a product to show off at the end! *Marjolijn*

Thank you Dorothy for organising the classes. Everyone has gone away with a smile on their face. Like people, each one is unique, and will never be repeated *Janet*



STATEWIDE ONLINE COURSES

Any South Australian U3A member is eligible to enrol in Statewide online courses free of charge. Likewise our group leaders might like to extend their class online.

The following Statewide courses are continuing and there will be more starting from February: Climate Change: Information Inspiring Action; French 2; Italian Conversation; Philosophy An Interactive Course; Moving Forward Positively; Positive Psychology; Writing Critique Group; Wordpress Workshop; David Kilner talks on Biography and Science. See and enrol for Statewide courses at u3asouthaustralia.org.au/courses-2/



STIRLING MAHJONG GROUP.

A group of 6 went down to Yankalilla at the invitation of the Yankalilla Mahjong group to spend the day browsing their market day on show, later to join them for lunch at the Yankalilla Hotel Bistro before playing mahjong and afternoon tea. We all had a marvellous day.

Daisy Lim



The French4Fun2022 group enjoyed a shared morning coffee/lunch in the delightful garden and home of Bronwyn and Kym Anderson in Echunga. The students surprised the course coordinators with an array of French-themed gifts.

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CARD MAKING

Another year of card making has come to an end. A relaxed and friendly afternoon saw each person choose their colours and papers and make gift voucher holders and cards for Christmas (their choice!), each one unique. Next year will have new challenges and decisions to make and friendships formed.



*Wishing all our
members and
friends a happy
and safe festive
and holiday sea-
son. Looking for-
ward to catching
up with you all
at our luncheon
on January 31.*