



# Adelaide Hills Autumn Newsletter 2024



## From the Editor and Committee

Have you ever wondered what exactly it is that your committee does? Of course you know about the AGM, introductory lunch at Bridgewater Inn, and the mid-year lunch at Auchendarroch House. You are also familiar with the roles individuals play, eg Treasurer, Secretary, Course Co-Ordinator etc.

But what else does the committee do in its meetings? Just lately we have been discussing and investigating several topics, to ensure that the business of our organization runs smoothly and properly. See below for a reassurance about the safety of our online system. Your other data is also secure, and only available to the people who need it. Be assured that we are zealous in guarding your privacy.

One of the functions of the committee, and especially the Course Coordinator, is providing as wide a range as possible of interesting speakers and activities. We continually seek to develop an interesting programme, and we welcome suggestions from the membership for topics and guest speakers. And of course we are always looking for new members to the committee. It is not arduous, and committee members only take on as much responsibility as they are capable of.

As more and more technology-driven billing and payment systems seem to appear in our lives each year, we could become anxious about the security of our personal and financial information. Since U3A AH offers an online registration and payment system, some members have called to seek assurance that their credit card and other details are secure.

So we thought we would explain how the system works. Eway, the payment platform attached to the online registration form is a global, well established specialist payment company, based in the USA which has been certified as meeting the highest level of card data security criteria. When you click on the online payment button on the U3A website, it takes you off the U3A site onto Eway into which you enter your credit card details; Eway then links to our BankSA account. The banking system retains a record of your card, in an encrypted form but not the pin, cvv or other information that would enable someone to fraudulently use your card.

When the payment has been processed, you then return to U3A site to complete the registration and enrol for the courses and programmes of interest to you. So none of your credit card information is retained in U3A's system. We want to assure you that the U3A system only holds the information it needs to be able to provide the service.

There are a number of websites where you can get more information about securing your personal details. Check out [www.ato.gov.au/onlinesecurity](http://www.ato.gov.au/onlinesecurity) or <https://beconnected.esafety.gov.au/>

Large numbers attended and enjoyed Sue Garforth's latest series of talks on historical "Larger Than Life" characters, including Elizabeth I, Joan of Arc, and Mahatma Gandhi.

Watch out for another series next semester, but be quick as numbers are limited.

The Most High and Mighty the Princess Elizabeth,  
heir presumptive to the throne of England.



The gown was purple velvet trimmed in ermine.  
Four lords carried a canopy over the baby's head, and a fire was lit,  
lest the baby be chilled by the baptism waters.

Elizabeth in  
1546 age 13,  
painted for her  
father who died  
a year later.

Her life then  
became more  
uncertain and  
dangerous.



The Golden Speech to Parliament  
November 1601

To be a King and wear a crown is a thing  
more pleasant to them that see it than  
to them that bear it.

God hath raised me high, yet this I account  
the glory of my reign, that I have reigned  
with your loves.

You may have many a wiser prince but  
you never have had, or shall have, any  
who loves you better.

It is not my desire to live or reign longer  
than my life and reign shall be for your good.



All enjoyed hearing about  
Ghandi - the good and the  
bad. Wow - he was an inter-  
esting and determined man,  
until assassinated in 1938.  
His sole aim was Independ-  
ence for India. Below, his  
cremation site, a place for  
devotees.

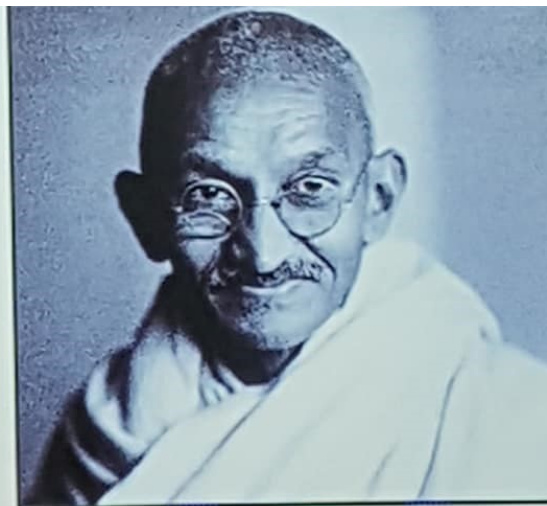
*Janet Hemsley*

Age 78

Retires from politics

Life of prayer and study  
in Delhi

But mobbed by crowds  
on his daily walks



Images copied from Facebook , posted  
by *Janet Hemsley*. Thanks Janet for  
keeping members informed of our activ-  
ities. All presenters and members are  
encouraged to contribute articles for  
inclusion in the newsletter, which is usu-  
ally distributed towards the end of each  
term.



## CARD MAKING

Card making has started for the year and there was one easy, but colourful card, and one that was a challenge. Good to be back and keeping our fingers and minds busy and enjoying catching up with friends.



Second session—the card makers were given free reign and certainly showed their individual talents. Lots of fun.



Of the king, I am blue, and of the peasant, I am red. Of the frog, I am cold, and of the dog, I am hot. What am I?



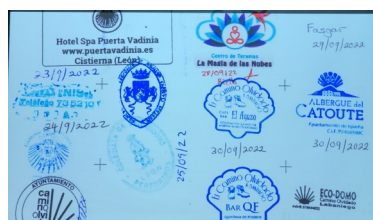
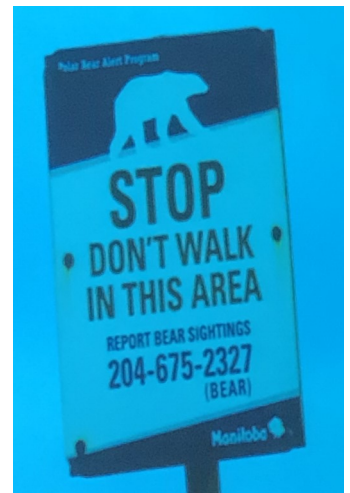
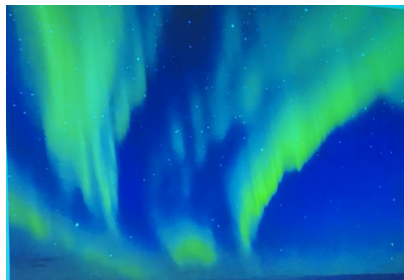
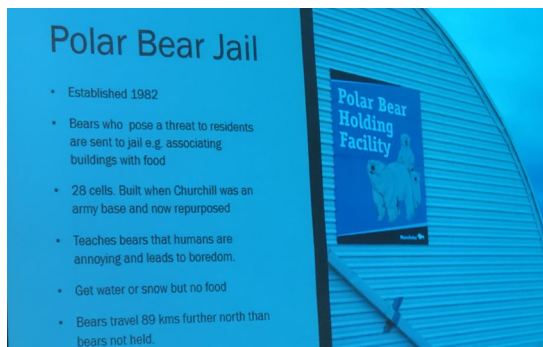


## Travel

We have had two amazing speakers this term, taking us to places we may never go ourselves. The first was Chris Jordison, on loan from U3A Inner North, who took us on a journey into northern Canada looking for polar bears. The second was travelling with Janet Leitch on one of the many Camino pilgrim tracks. The trails come from all over Europe to eventually converge in Camino de Santiago, to worship St John.

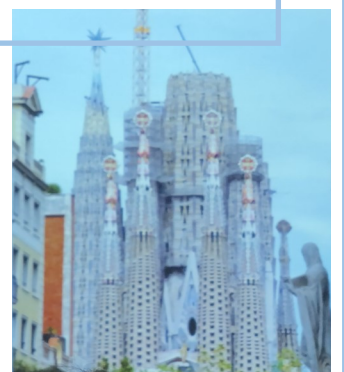


Chris and his wife travelled to Churchill, on Hudson Bay, whose unique topography is a prime site for viewing bears. If you can afford it you stay in accommodation out on the ice field, and travel in large buses to find the bears. We learnt about bears' life cycle; and interactions with humans which are not good for either!



Camino Olvidado "passport" and certificate, plus "credentials"

On her way Janet saw ancient buildings, humble churches, Albergue (guesthouses for travellers), and a side trip to see the magnificent Sagrada Familia in Barcelona





## COME LUNCH WITH ME—MARGO'S GROUP



*Submitted by Janet Hemsley via Facebook.*

Feb 6 — Our first session was a happy time catching up with friends and swapping information both personal (especially gardens and sources of manure) and information that will benefit our members ordering badges this year (it will happen soon). Stirling Hotel was the venue and everyone seemed to enjoy their meal.

March 7—Want lunch - will travel. Come Lunch With Me went to Finnis Fodder Store - lots and lots of people, a red letter box, phone box, Steve Irwin and a crocodile. Very picturesque.



March 21—After lunch at Karkoo, it was time to enjoy the rest of the 'Come Lunch With Me' groups' restful and tasty venue.

**To plant a garden is to believe in tomorrow.'**

**Answer to riddle—blood.**





## FILM CLUB



April's movie, the 2001 version of South Pacific, has a connection with a U3A SA member. The film was shot in Tahiti, and Port Douglas, Qld, where May Smith was Director of Nursing at the Mosman hospital. The letter below thanks her for her assistance:

*To Mrs May Smith*

*Director of Nursing*

*Mosman Hospital*

*Dear Mrs Smith*

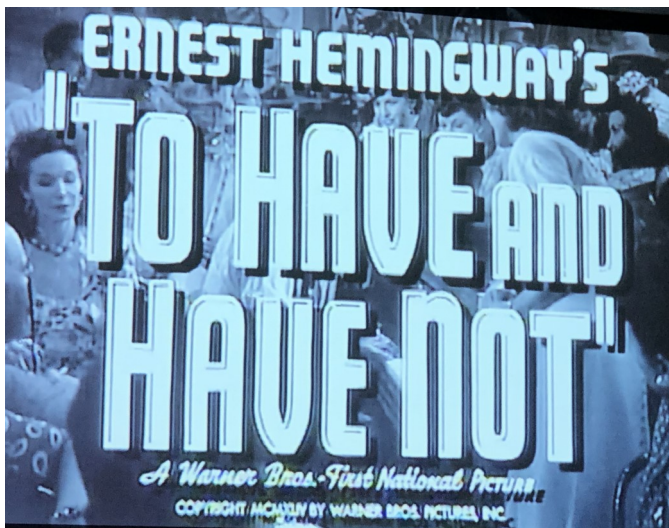
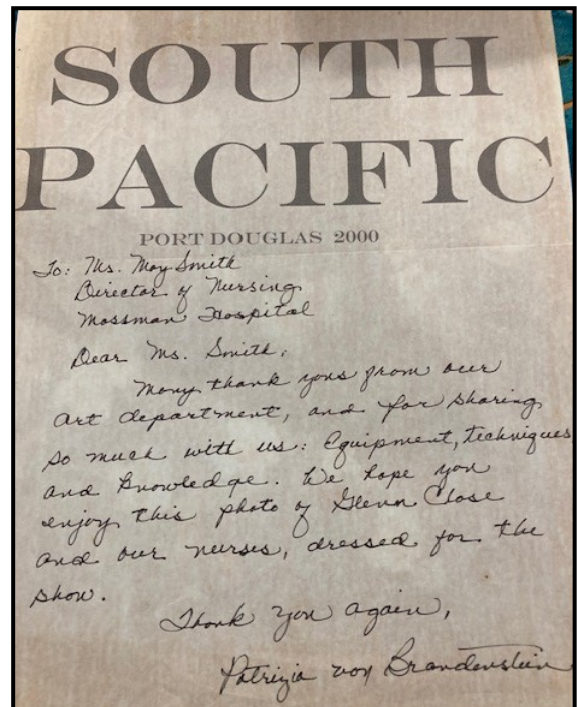
*Many thank yous from our Art Department, and for sharing so much with us: equipment, techniques and knowledge. We hope you enjoy this photo of Glenn Close and our nurses, dressed for the show.*

*Thank you again*

*Patrizia von Branderstein*



The hall where the dance was held was built at the beach on land belonging to friends of May. After completion of the movie they wanted to tear it down, but the owner asked them to leave it for a wedding he was to have soon. As it contained a bar it was the perfect venue.



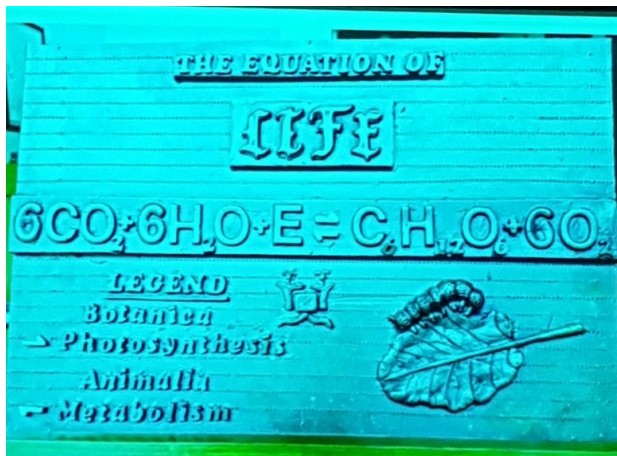
Next month's offering To Have and Have Not, made in 1944, tells a story about World War II and the French Underground.

Starring Humphrey Bogart and Lauren Bacall, the two immediately fell in love, despite the disparity in their ages—she 19, he 41.

They married in 1945, made three more films together, and had two children before he died of cancer in 1957



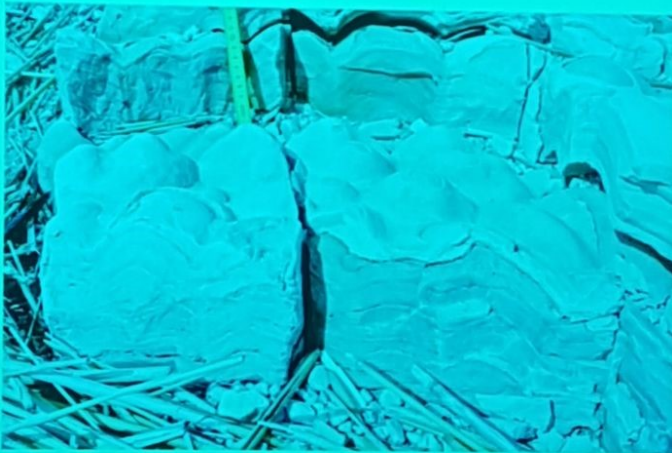
Dave Fenwick gave a two part talk on “**The Equation of Life**”. Well attended sessions and it challenged us all. We learnt so much, including where Stromatolites fit and how back bones came about . *Janet H*



## Stromatolites, WA



## Stromatolite Fossils



## CONTEMPORARY ART IS SERIOUS FUN

Our first task for the year was to make abstract designs using paper cutting in the style of Henri Matisse. In his later years, due to health issues, Matisse changed from painting to paper-cutting, so here are some of our efforts.

*Suzanne*





## DIG—DOWN IN THE GARDEN

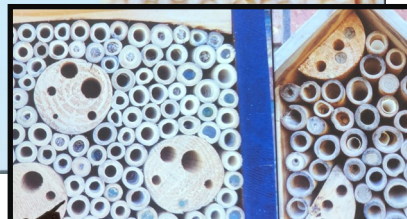
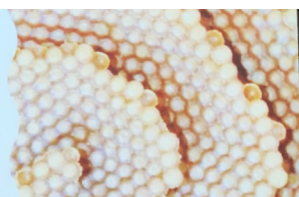
In our first session Merrillyn Kuchel spoke about historic houses owned or managed by the National Trust



Our second session was a fascinating journey into the world of bees, both native and European honey bees. There are over 1,700 species of native Australian bee, some of which produce honey, and some are stingless. They are often solitary, and a simple bee house can attract them to your garden.

### **NATIVE BEES OF AUSTRALIA**

- Important pollinators of wildflowers and native plants
- Sizes range from 2mm to 24mm
- 11 species of stingless bees
- 10 species of social bees (live in colonies/nests)



### **BEES ARE AT RISK**

- Neonicotinoids
- Mono-cultures
- Pesticides
- Diseases
- Parasites
- Urban infill



### **THE EUROPEAN HONEYBEE**

Apis Mellifera introduced in 1822

European diet means we need European pollinators

Does not mean we don't need native bees



### **HOW TO HELP THE BEES**

- Plant a bee friendly garden
- Provide a water source – with landing pads
- Don't use pesticides
- Hand weed – it's good for your health 😊

