



## Summer Newsletter 2020

### REGISTRATIONS & ENROLMENTS FOR 2021 NOW OPEN

In these uncertain times next year's program is being presented on the assumption that all activities will proceed. As we all know, conditions can change in less than a day and appropriate decisions will be made closer to commencement of Semester 1. With this in mind, you are requested to please enrol now.

**Enrolments will be accepted until 17 December** — details on page 3

Dear Members & Friends

What a year and much to look back on — much of which we hope to look way back on, but U3A Adelaide Hills is determinedly looking forward to a wonderful 2021. Next year's program is out now and even a quick peruse will reveal a tantalising array of courses, presentations and activities, all thanks due to the unstinting generosity of our presenters and organisers.

Once again enrolments are for the full year, unless otherwise stated, with the supplementary program of new courses and activities published mid-year.

A very big **WELCOME** to the following members who have picked up the organiser's and/or presenter's baton for the first time this year: Heather Barrett, Jewlz Dayman, Geoff Edwards, Valerie Pullan, Frank Robertson, Tony Rogers, Heather Rowell and Jenny Twigden. Guest presenters have also added much to the variety and interest of the program. Thank you all.

**FAREWELL** Sincere thanks also to all those presenters and organisers who are either retiring or taking a sabbatical in 2021. We have all benefitted enormously from your involvement, some for many years. It is in that respect a special mention must be made of two members in particular: Marjorie Tillyer who organized and led Singing for Enjoyment and the Reading Club for 11 years, and Lyn Dickason who has not only organized and presented writing courses for 8 years, but has also been a very active member of the Management Committee for numerous years, and at a time of great change.

Sincere appreciation is also extended to Dorothy Whiterod who, while not actually retiring (as you will see when you check out the program), has relinquished organisation of the very popular DIG program after 16 years! A huge commitment.



### SO..... what can we look forward to in 2021 and what's new?

**LOTS!** Along with our very popular regular courses that we all look forward to, *new* courses this year include Italian for beginners, International Travel with Crime Fiction, Film Club, Writing Creatively, Yoga & Chi Kung, Mosaics and Come Lunch with Me!

**BUT THAT'S NOT ALL!** Once again, we have an interesting line-up of one-off presentations. Look out for talks on Agatha Christie, Mt Barker's fascinating history and its people, beekeeping, interesting women of Central Australia, the Holtermann Collection, Ted Both — Australia's Edison and the secret discovery of Australia.

**and OUT & ABOUT**— a Men's Shed visit, woodland birding and, a first for us — a car rally!





## 2021 - IT IS OUR 21st BIRTHDAY!

Late 1999 a small group of enterprising Adelaide Hills people came together to bring U3A to the region — some of whom are still members today!

By the end of February 2000, a program had been developed and 120 people had joined. What a remarkable feat.

Please join us to celebrate that achievement, catch up with friends and enjoy a little light entertainment.

See [2021 Program](#) for details - [Enrolments Necessary](#)



*"Birthdays are good for you. Statistics show that the people who have the most live the longest."*  
Larry Lorenzoni

## 2020 Annual General Meeting & New Membership Fees!

It was apparent that members really enjoyed the opportunity to catch up with each other at the recent AGM in the Mt Barker Town Hall. Over 60 people attended, pleasantly surprising Committee members who feared achieving the quorum could be difficult, given the current challenges. Joy Buckley and Michele Langman won the lucky door prizes which were kindly donated by Rebekha Sharkie (MP) and Glyne Smalldon.

**2021 Membership Fees** In recognition of this year's truncated program, those present voted that the 2021 membership fees be reduced to a flat **\$25:00**. Accordingly, there will not be an Associate Member category in 2021.

**Election** Retiring members Carol McSween and Glyne Smalldon were presented with a gift and thanked by Chair Mark Randell. Along with other 2019-20 Committee members, Brent Danks (who stood for the first time and landed himself the not inconsequential Membership Officer's role at the first meeting) and Marjolijn Haraghey (returning after a short break) were duly elected.

**Intermission** Despite challenges presented by the audio visual equipment, those present seemed to enjoy themselves, made all the more enjoyable by a surprise visit of the *U3A AH Dixie Chicks* with ice-creams for everyone. Thank you Kaye and Lucy — the most popular people in the room!

One disappointment was that Mark's 'Secret Discovery of Australia' had to be aborted because of the temperamental AV system, but he has kindly agreed to offer it again next year at the Coventry Library in Stirling (see program for details).



## U3A AH Calendar

**Nov 24 - Dec 17** Enrolment Period

Dec 1 Enrolment Session, Mt Barker Community Centre (1:00pm—3:00pm)

Dec 4 Enrolment Session, The Hut, Aldgate (1:00pm—3:00pm)

**Dec 17 ENROLMENTS CLOSE**

Jan 28 Birthday Celebration & Program Launch (11:30am—1:30pm)

Feb 1 Semester 1 commences

Apr 2 Good Friday

1st term school holidays 12 Apr—23 Apr

Mid year school holidays 5 Jul—16 Jul

Jul 19 Semester 2 commences

3rd term school holidays 27 Sep—8 Oct

Dec 10 Semester 2 concludes



## SANITISER & ZOOM SUPPORT

We have benefitted from a successful grant application by U3A South Australia for the purchase of hand sanitizer and for a zoom license.

As with those groups that recommended in October this year, all activities next year will be supplied with required sanitising and disinfecting materials.

*Thankyou U3A SA*

## POSITIVE AGING with U3A

"Some of the benefits of staying active and healthy as we get older include increasing wellbeing and participation, recovering from illness more quickly, reducing the risk of getting chronic disease, and preventing falls." (Vic Health)

Research shows that staying mentally alert, physically active and socially engaged wards off negative impacts of ageing and helps seniors remain living independently in their own homes for longer.

This is what makes U3A a first-rate positive ageing organization .... and at \$25:00 pa, we are cheap!



In these challenging times, let's keep the U3A spirit of **learn, laugh, live** stronger than ever

## The Silent Syringe by Judith Lees



When my husband died five years ago I knew that I would need more than my wonderful family, friends and garden to give me a purpose in life. Luckily I chose 'Writing For Fun,' A Creative Writing course with U3A Adelaide Hills led by Lyn Dickason. The weekly classes were full of fun and challenges in writing.

We worked our way through many titles for short story homework tasks and were challenged weekly with many and varied topics in class.

When given a few short words ....'the body was discovered on the flour covered floor with no visible means of how the murder occurred'.... and were told to write the first chapter of a murder mystery, something stirred within me. I couldn't wait to begin. I remember pulling off the road on my way home and writing down a few ideas that were swirling around. I just knew that this would be more than the usual 1000 word story.

Two years later, with Lyn's encouragement and constant help, I'm about to publish my first novel at age 75.

It's been an amazing and rewarding journey throughout, researching, writing, editing and publishing and I've used all local talent to achieve this. If you love reading and feel you have a story to tell, I can thoroughly recommend U3A's Creative Writing Course.



## Congratulations Judith (and Lyn)



### New Members? Yes Please!

Our Publicity Officer has been out and about raising the profile of U3A AH, masquerading as the Paparazzi gatecrashing various U3A activities and being interviewed with the Chairperson on Adelaide Hills radio. Did you see [this article](#) in The Courier recently?

We have a great 2021 program, membership fees are down, down, down, so what's not to love? Help him out! Please pass the word (and the [website link](#)) to anyone you know who, for some inexplicable reason, is not already a member.



### Keeping Safe Online

Join thousands of Australians who are taking the **Be Connected** free courses on everything from learning more about your computer or mobile device to accessing the internet, keeping safe, shopping online, banking online, keeping in touch with others and much more. Build your online skills. Learn at your own pace with our free courses on everything from how to access the internet, make video calls or set up your device. [Click here for more information](#)

### 2020 / 21 Committee Members

Chair & Public Officer	Mark Randell
Vice Chair	Suzanne Arbon
Secretary & Newsletter	Susan Smalldon
Treasurer & Facebook	Janet Hemsley
Course Coordinator	Jean Mur
Membership Officer	Brent Danks
Minutes Secretary	Marjolijn Haraghey
Publicity Officer:	Geoff Edwards
Venue & Property Officer	Kaye Sims
Volunteer & Events Officer	Suzanne Arbon
U3A SA Delegate	Marjolijn Haraghey
Web Manager	Lynley Keynes
Zoom Administrator	Suzanne Arbon

### 2021 PROGRAM - HOW TO ENROL

**PLEASE** return your completed *Registration & Enrolment* form (with fees) **before 17 December**. Preserving the good humour and sanity of our small enrolments team is paramount.

**If you are completing your enrolment online**, the following tips might be useful:

Complete the *Enrolment* form by typing in the appropriate fill-able form fields on [www.u3aadelaidehills.com/membership](http://www.u3aadelaidehills.com/membership)

Save the completed form on your computer ('SAVE AS', naming as you wish e.g. maryu3a2020 in the documents drive you usually use)

Send the document attached to an email to [u3a.ahills@gmail.com](mailto:u3a.ahills@gmail.com) and arrange payment (bank details on the *Enrolment* form).

**If you wish to mail or personally deliver your completed form:**

Mail (cheques accepted, no cash), or hand deliver (cheques and cash accepted) your completed form and payment to *U3A Adelaide Hills* C/- The Hut, 1 Euston Road, Aldgate 5154 Please enclose a stamped self-addressed envelope if you wish to receive a payment receipt.

**Alternatively, if you wish to pay in person or discuss the program, join us at:**

**The Mt Barker Community Centre** 1:00pm—3:00pm Tuesday 1st December OR

**The Hut Community Centre** 1:00pm—3:00pm Friday 4th December

We appreciate the ongoing support of the District Council of Mt Barker, Dan Creagan MP, Rebekha Sharkie MP, Josh Teague MP and the volunteers and staff of The Hut, Aldgate **THANK YOU!**

