



MID-YEAR LUNCH

Bastille Day Thank You Lunch

Organiser: Susan Smalldon 0403 857 600
 Venue: Auchendarroch House, Mount Barker
 Day: Friday 14th July (once only)
 Time: 12:30pm – 2:30pm
 Cost:\$23:00 (must be paid when enrolling)

Shake off those winter blues with good food, warm company and some fun. A two-course lunch (vegetarian & GF options) to thank our Course Presenters & Organisers without whom we would have no program. Please arrive in time to be seated by 12:30pm. Enrolments close on 30th June.

COST: \$23 for meal (subsidised) and buy own drinks from the bar. Payment due with enrolment. Free for PRESENTERS & ORGANISERS but please register your attendance by email to u3a.ahills@gmail.com.

ART & CRAFTS

Contemporary Art is Serious Play!

Presenter: Susan Fereday, 0478 568 397
 Venue: Coventry Library, Stirling
 Day: 2nd Wednesday (excl school holidays)
 Start: 9 August – 13 December
 Time: 10:30am – 12:00pm

Be inspired by contemporary art through practical assignments designed to spark joy and confidence in your creativity. Each session introduces the work of selected contemporary artists. A creative task is set for members to undertake at home. We work with a variety of simple materials such as paper, fabric, recycled plastic, found objects. Paints and clay are also fine. No art or craft skills are needed - just a willingness to experiment and have fun.

Dr Susan Fereday is an artist and educator who has taught at numerous art schools including Adelaide Central School of Art, Victorian College of the Arts, RMIT and Monash University.

Card Making

Presenter: Janet Hemsley, 0428 844 097
 Venue: Private Address, Mt Barker
 Day: 2nd & 4th Tuesday
 Time: 1:30pm – 3:30pm
 Start: 14th February – 12th December

Create two cards per session using card, paper, stickers, punches and dies. \$6.00 payable at each session to cover the cost of materials for the day.

Great Art – Great Ideas

Presenter: Susan Fereday, 0478 568 397
 Venue: Coventry Library, Stirling
 Day: 4th Wednesday (excl school holidays)
 Start: .26 July – 22 November
 Time: 10:30am – 12:00pm

What makes an artwork 'great'? In each session we look at an example from the art history canon to discuss just what makes it so special. Discussion will include works by Renoir, Picasso, Rodin, Manet and Vermeer. A slide presentation will help stimulate lively group conversation and members will be encouraged to develop their own insights and voice. The aim is to expand our enjoyment of art.

Guided Tours of the Art Gallery

Organiser: Cheryl Oliver, 0438 823 185
 Venue: Art Gallery SA, North Terrace, Adelaide
 Day: 4th Monday including school holidays
 Start: 27th February – 27th November
 Time: 1:20pm – 2:30pm
 Cost: \$20 annual fee payable up front

Meet in at 1:20pm in the foyer near restaurant via the back entrance. Trained gallery guides will lead a tour of a current exhibition or a selection of works from the Gallery's collection. Note: the gallery now requires entrance fees to be paid at the beginning of the year.

Painting and Drawing

Presenter: Margaret Campbell, 0456 752 623
 Venue: The Oak, 409 Mt Barker Rd, Bridgewater
 Day: 2nd & 4th Friday
 Start: 10th February – 8th December
 Time: 10:00am – 12:00pm

If you enjoy playing with pencils and paint, come and join us! This is not a teaching class – everyone brings along their own materials to use. But ... we provide lots of friendly chatter along with supportive motivation and encouragement

GENERAL INTEREST

Citizen Science, the Changing Planet and Mozzies!

Organiser: Susan Smalldon, 0403 857 600
 Venue: St Paul's Community Room, Hahndorf
 Day: Friday 4th August (once only)
 Time: 10:00am – 12:00pm

What is the rapidly developing field of Citizen Science? How is it used to gather an increasing range of scientific data and to engage the public?

Craig Williams (UniSA) will discuss citizen science projects at the University, specifically the Activating Citizen Scientists Project with the *Office for Ageing Well* and just what have mozzies got to do with it? Come along and find out.

Film Club (Hahndorf)

Presenter: Frank Robertson, 0418 448 654
Venue: St Paul's Community Room, 6 English St
Day: 1st Thursday (excl school holidays)
Time: 1:30pm – 3:30pm
Start: 2nd March – 7th December

An opportunity to see films no longer readily available. Frank, an avid film buff and font of knowledge will present a wide range of classic films in a friendly, relaxed environment. Choice of films will be influenced by the group. Join us on the adventure.

Financial Matters

Organiser: Mark Randell, 0429 679 317
Venue: The Oak, 409 Mt Barker Rd, Bridgewater
Day: 1st & 3rd Wednesday (excl school holidays)
Time: 10:00am – 12:00pm
Start: 15th February – 6th December

We cover world geopolitics as it affects the global and particularly the Australian economy. A desire to know more about the share market and basic economics is a prerequisite. Includes active discussion surrounding Australia's economy and particular investments in shares, bonds, and real estate and an understanding how interest rates and government policies affect personal wealth preservation in an uncertain and volatile world.

The Global Search for Meaning

Presenter: Fred Guilhaus, fguilhaus@gmail.com
Venue: The Oak, 409 Mt Barker Rd, Bridgewater
Day: 2nd & 4th Wednesday (excl school holidays)
Time: 10:00am – 12:00pm
Start: 8th February – 13th December

In the midst of disruption and political conflict the level of anxiety has accelerated, particularly for the young. Mental health issues abound. There is a hunger for personal meaning in life – a return to what is important. We shall look at comparative religions, philosophy, Carl Jung and Freud as psychiatric 'solutions', Jordan Peterson & modern philosophers and speculate on how best we help the young and ourselves.

HEALTH & FITNESS

Circle Dancing with Valerie (Mount Barker)

Presenter: Valerie Pullan, 0414 245 552
Venue: Town Hall, 34 Gawler St, Mt Barker
Day: Tuesdays (weekly excl school holidays)
Time: 10:00am – 12:00pm
Start: 7th February – 12th December

Circle Dancing with Valerie (Crafers)

Presenter: Valerie Pullan, 0414 245 552
Venue: Ann Jolly Hall, 1 Epiphany Place, Crafers
Day: Thursdays (weekly excl school holidays)
Time: 1:30pm – 3:00pm
Start: 4th May – 14th December

Together in Dance - experience the well-being benefits of gentle dance in this welcoming and relaxed environment. Together we enjoy learning dances from around the world, listening to truly uplifting music, a laugh and a chat during the break.

LANGUAGES

Intending NEW language students please contact the Presenter prior to enrolling to ascertain your level

French 4 & French 6 with Helen

Presenter: Helen Hughes, 0407 720 168
Venue: Mt Barker Community Centre, Dumas St
Day: Tuesdays (weekly excl school holidays)
Time: 2:30pm – 4:30pm
Start: 7th February – 12th December

French 4 - An intermediate course of continuing study; grammar, geography, history, culture and current affairs. Written work incorporates comprehension, description and story writing. Oral work focuses on dictée, weekly conversation and aural comprehension.

French for Fun with Jan & Laurel

Presenter: Jan de Weerd, 0419 802 780
Venue: Ann Jolly Hall, 1 Epiphany Place, Crafers
Day: Thursdays (weekly excl school holidays)
Time: 10:00am – 12:00pm
Start: 9th February – 7th December

Our emphasis is on the fun of learning the French language and exploring it through song, music, film, internet and multimedia. The venue is fully set up with WiFi and screening facilities, making each lesson varied and stimulating.

LEISURE & TRAVEL

DIG (Down in The Garden)

Organisers: Jenny Twigden, 0419 833 546
Heather Rowell, 0418 835 280
Venue: St Paul's Community Room, Hahndorf
Day: 3rd Thursday (excluding school holidays)
Time: 10:00am – 12:00pm

Various presenters share their knowledge and passions for all things garden.

Jun 15 *Lesley Finlayson, Adelaide Hills Gardens*
Aug 17 *John Holmes, Green Thumbs Garden Club*
Sep 21 *Hugh Williams, Clivias*
Oct 19 *Anita Podder, Crocuses*
Nov 16 *Picnic & Heritage Tree Tour, The Laurels*

Duplicate Bridge (Stirling)

Presenter: Trevor Waters, 0493 115 092
Venue: Pinoak Tiers, Stirling
Day: Tuesday weekly (excl school hols)
Time: 1:00pm – 4:00pm
Start: 7th February – 12th December

Recent research has found that playing bridge improves brain function and has a significant positive effect on wellbeing. New experienced players welcome but please note this is not a teaching course. Results are distributed by email each week.

Games, Games & More Games

Presenter: Geoff Edwards, 0475 404 892
Venue: St Paul's Community Room, Hahndorf
Day: 2nd & 4th Wednesdays (excl school hols)
Time: 10:00am – 12:00pm
Start: 8th February – 13th December

Come along and play board games, cards, pool and darts. Bring a game you wish to play and perhaps teach others to play. A social gathering where you can find someone to play a game you love or learn one you haven't had the opportunity to play in the past.

Mah Jong – Mount Barker

Presenter: Ron Allott, 0402 533 480
Venue: Mt Barker Community Centre, Dumas St
Day: Mondays (weekly excl school hols)
Time: 10:00am – 12:00pm
Start: 6th February – 11th December

Beginners very welcome. Join in, have fun – no scoring

Mah Jong – Stirling

Presenter: Marjolijn Haraghey, 0403 989 817
Venue: Hillside Gardens, Heathfield
Day: Fridays (weekly incl school hols)
Time: 2:00pm – 4:00pm
Start: 10th February – 15th December

This is an ongoing course suitable for beginners as well as advanced players. We play the Western version of Mah Jong and supply course notes to assist players in extending their repertoire of Special Hands.

Travel

Organiser: Suzanne Arbon, 0437 389 059
Venue: Mt Barker Town Hall, Gawler Street
Day: 3rd Thursday (excluding school holidays)
Time: 1:30pm – 3:30pm

Various presenters show and tell about their travels, recent or not, overseas and local.

Jun 15 *The Historic 'Aurora Australis'*, Mark Randell
Aug 17 *Vietnam*, Rodney Gracey
Sep 21 *Pennsylvania & New England*, Loraine Gager
Oct 19 *Vietnam and Cambodia*, Suzanne Arbon
Nov 19 *Across Canada by Train*, David Adams

LITERATURE & HISTORY

Adventures in Crime Fiction (Aldgate)

Presenter: Merrilie Rowley, 0400 268 214
Venue: CFS, 21 Strathalbyn Road, Aldgate
Day: 4th Monday (incl public holidays)
Time: 2:00pm – 3:30pm
Start: 30th January – 27th November

The reading list includes some "oldies, but goodies", but also seeks to introduce some newer crime writers to the reader as well as a wide range of cultures to explore. Members source own books.

Jun 26th - Video Yokohama, *Six Four*
Jul 24th - Asa Larsson, *The Savage Altar*
Aug 28th - Atticus Locke, *Black Water Rising*
Sep 25th - Fiona Barton, *Child*
Oct 23rd - Maggie Orford, *Like Clockwork*
Nov 27th - Kate Atkinson, *Big Sky*

Appreciating Poetry

Presenter: Jackie Mussared, 0417 842 694
Venue: Coventry Library, Stirling
Day: 1st & 3rd Wednesday (excl school hols)
Time: 1:30pm – 3:30pm
Start: 15th February – 6th December

We now use the internet to listen to poets and/or actors read poems. We look at the techniques poets use as this gives us greater understanding of their work. We also explore their life and times and both classical and modern poets are included.

Book Group (Aldgate)

Presenter: Merrilie Rowley, 0400 268 214
Venue: CFS, 21 Strathalbyn Road, Aldgate
Day: 2nd Monday (incl public holidays)
Time: 2:00pm – 3:30pm
Start: 13th February – 11th December

An enthusiastic group who enjoy reading and discussing a wide range of literary fiction. The list of books encompasses authors from diverse cultures, hopefully guaranteeing lively discussion and broadening our literary knowledge. Members source and read the books prior to each session.
Jul 10 - Kazuo Ishiguro, *Klara and the Sun*
Aug 14 - David Park, *Travelling in a Strange Land*
Sep 11 - Pat Barker, *Silence of the Girls*
Oct 9 - Eleanor Limprecht, *The Coast*
Nov 13 - Claire Fuller, *Swimming Lessons*
Dec 11th - Carrie Tiffany, *Mateship with Birds*

Creative Writing

Presenter: Tony Rogers, 0402 414 150
Venue: Library, Dumas Street, Mount Barker
Day: Thursdays (weekly excl school holidays)
Time: 2:00pm – 3:30pm
Start: 9th February – 14th December

Creative writing is a way of expressing yourself, entertaining others and of sharing one's experiences. You can pretend anything you want and help your readers do the same. If you have stories and ideas you would like to put on paper, come and get some hints - you may find it is more fun than you expected. If you are already a keen writer, then share your ideas. The course will be structured around participant's interests and needs.

Family History – Ancestors & Others

Presenter: Jacki Mussared, 0417 842 694
Organiser: Gail Edwards, 0438 840 673
Venue: The Oak, 409 Mt Barker Rd, Bridgewater,
Day: 2nd & 4th Thursdays (excl school holidays)
Time: 9:30am – 12:00pm
Start: 9th February – 14 December

Improve your research skills in genealogy and social history through the sharing of experiences and knowledge. We undertake a regular program of presentations and live research sessions. The talks include research techniques, useful websites and organising your family history materials. Presentations often address social history issues of the times in order to understand the context in which our ancestors lived.

Literature – Marriage, Money, Manners & Morality

Presenter: Nina Chicco, 8339 3775
Venue: St Paul's Community Room, Hahndorf
Day: Fortnightly (excl school hols)
Time: 2:00pm – 4:00pm
Start: 8th February – 13th December

We will be looking at these aspects from the viewpoint of four famous women from literature: Elizabeth Bennet, Jane Eyre, Miss Havisham and Miss Jean Brodie.

Larger than Life with Sue Garforth

Organiser: Susan Smalldon, 0403 857 600:
Venue: St Paul's Community Room, Hahndorf
Day: Friday (three sessions)
Time: 10:30am – 12:00pm
Start: 25th August, 1st & 8th September

Three historical figures so famous that we have all heard of them. But how much do we really know about them? They are Cleopatra, Genghis Khan and Napoleon. Sue brings us the history we never learned at school in her own indomitable and quirky style. Enrol in one or in all three and prepare to be entertained AND informed!

Writing Your Story – a Memoir

Presenter: Glenda Gregory, 0431 134 644
Venue: St Paul's Community Room, Hahndorf
Day: Tuesdays (weekly excl school holidays)
Time: 10:00am - 12:00pm
Start: 7th February – 12th December

Memoirs are not just for the rich and famous – we all have a story to tell and everyone's journey is different. This course will look at where to start, how to construct your story, tips on keeping it relevant and interesting, design and how to include your family tree and photos.

MUSIC

For the Love of Folk Music

Presenter: Graeme Taylor, 0401 989 114
Venue: St Paul's Community Room, Hahndorf
Day: Mondays (weekly excl school holidays)
Time: 9:30am – 11:30am
Start: 6th February – 11th December

Do you enjoy folk music? Do you play an instrument? Can you read music or play by ear? Start off the week in a fun and interesting way with a like-minded group. BYO instrument and music stand - new members very welcome but please contact Graeme before enrolling

Music for Sharing

Organiser: Richard Knott, 0458 830 407
Venue: Private Home, Bridgewater
Day: 4th Monday (excl school holidays)
Time: 2:00pm – 4:00pm
Start: 27th February – 27th November

Bring your own CDs or tapes and introduce your own music from classical to rock. New members very welcome.

Ukulele and Song

Presenter: Geoff Edwards, 0475 404 892
Venue: Crafers Institute Hall, Sharrod Street
Day: Thursdays (weekly excl school holidays)
Time: 10:00am – 12:00pm
Start: 9th February – 14 December

An informal gathering of ukulele strummers from beginners to more advanced. Play and sing in a friendly environment. There will be a spare uke or two you can try, but if you just like to sing you are also welcome.

OUT & ABOUT

Christie Walk Guided Tour

Organiser: Susan Smalldon, 0403 857 600:
Venue: Christie Walk, 105 Sturt Street, Adelaide
Day: Friday 20th October (once only)
Time: 10:30am – 12:00pm
Fee: \$20 tour only or \$30 tour & bus

Christie Walk was purpose-built in 2006 as a model inner city co-housing development. It is just as relevant today and has been included in the Aust Government's guide to environmentally sustainable homes and inspired similar projects showcasing how biodiversity, low emissions and community-living can be fashioned into a vibrant housing development.

Come Lunch with Me (1)

Organiser: Geoff Edwards, 0475 404 892
Venue: Various cafes and restaurants
Day: 1st Wednesday (excl school hols)
Time: 12:30pm – 2:30pm
Start: 1st March – 6th December

Come Lunch with Me (2)

Organiser: Margo Poirier, 0423 249 000
Venue: Various cafes and restaurants
Day: 1st & 3rd Wednesday (excl school hols)
Time: 12:30pm – 2:30pm
Start: 15th February – 6th December

Relax over lunch at different venues in the Adelaide Hills - cafes and hotels that are reasonably priced and selected for good food and conversation.

Gamble Cottage & Garden Visit with Morning Tea

Organiser: Dorothy Whiterod
Venue: 296 Main Road, Blackwood
Day: Friday 3rd November (once only)
Time: 10:00am – 12:00pm
Fee: \$12:00 must be paid on enrolment

Join us for a visit to this National Trust cottage, built in 1902 for orchardist Joseph Gamble. Morning tea will be followed by a brief history by a National Trust member, before being free to explore. Plant sales.

Wednesday Wetland Walkers

Organiser: Janet Hemsley, 0428 844 097
Venue: Laratinga Wetlands, Mount Barker
Day: Wednesdays (weekly incl school hols)
Time: 9:00am – 10:00am
Start: 8th February – 13th December

Start at Bald Hills car park and walk at your own pace choosing short or longer walks. Enjoy good company and an optional coffee after in the BBQ area.